

Meet the Board of Education

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By Debby Zelman Rapoport



usually start my morning with an offline routine that helps me set clear intentions and prioritize tasks. Then, when I do open my computer, I read inspirational quotes and messages to which I've subscribed. Instead of jumping right into emails, I find this practice to be grounding because, more often than not, something I read reinforces positivity and/or triggers ideas.

A few weeks ago I read the following quote by author and speaker Jon Gordon: "Four things you control every day are your attitude, your effort, your behavior, and your actions."

How true! Although there is a lot in life that we cannot control, we all have personal power to control certain things, no matter what happens externally. And no matter how negative something is, we can usually extract from it something that is positive.

I'm not saying to bury negative feelings but, instead, to recognize something positive that we may have brought away from an experience.

Last month, I published information about finding our calm, something on which I place high value. This message follows its lead because we always have the choice of how we react.

We may have an expansive mindset, which is open, curious, and willing to explore new ideas, or a constrictive mindset, which is more closed off, resistant to change, and less willing to consider new perspectives.

We may view ourself as a victor, who focuses on solutions, overcoming challenges, proactivity, and positive self-talk; or a victim, who focuses on problems, external blame, negative self-talk, and resentment.

Jon Gorden further explains his quote by breaking down each element:

 Attitude: A positive attitude is crucial for overcoming obstacles and achieving success. A positive outlook influences our perspective and interactions, which often leads to better outcomes. We can control our attitude through mindset, which shifts thoughts from positive to netagive; and circumstances, which shifts viewpoints from victor to victim. We can also improve our attitude by creating a gratitude practice, by reflecting on and appreciating the good things in our lives; and by positive self-talk, which builds resilience.

- Effort: Putting in consistent effort is essential for personal and professional growth. Effort is a controllable factor that can determine the level of success and achievement one experiences.
- Behavior: How does your behavior enhance your life or the lives of others? It is beneficial to be mindful of

our actions, and to behave in ways that align with our values and goals.

 Actions: It is important to take deliberate and intentional actions because they are the tangible steps toward achieving our goals that shape our future.

Our mindset is what controls our attitude, effort, behavior and actions. In a world filled with divisiveness and negativity, we all have the ability to recognize our power, spread positivity, and make the world just a little bit kinder.

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Meet the Board of Education by Debby Zelman Rapoport



he Board of Education is composed of five community members who bring diverse perspectives and a shared commitment to creating an inclusive and high-quality educational environment in Beachwood. Each board member has a unique story and a deep-rooted passion for public service that drives their efforts to enhance the educational experiences of all students in the district. Meet the remarkable women behind the decisions that shape our schools and community.

Photos by Scott Morrison, Discovery Photo.



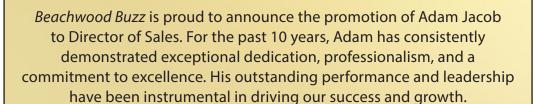
October Advertising Special: Fall Spruce Up!

If you or your company provide products or services that fall into the Fall Spruce Up category, please call Adam at 216.338.7823 to learn about this opportunity!





ADAM JACOB PROMOTED TO DIRECTOR OF SALES



We thank Adam for his consistent performance, fostering strong relationships with clients, and being an exemplary leader. We are grateful for his unwavering commitment and look forward to many more years of success together. Please join us in congratulating Adam on this well-deserved promotion and thanking him for a decade of exemplary service.

Sincerely,
Our Beachwood Buzz Team



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Calendar Section

Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

Subscriptions

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General Information

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Jewish Federation of Cleveland to Launch 2025 Campaign for Jewish Needs with Super Sunday Kickoff on Sept. 8

The Jewish Federation of Cleveland is launching its 2025 Campaign for Jewish Needs on Sunday, Sept. 8, with a Super Sunday Kickoff event for the entire community. The Campaign for Jewish Needs is the Cleveland Jewish community's annual fundraising campaign that provides the critical dollars necessary to help keep our diverse, local community safe, strong, and welcoming, as well as serve the needs of the global Jewish community.

"Super Sunday is a wonderful tradition that highlights our diverse community's generosity, teamwork, and dedication to keeping Jewish Cleveland strong," said Amir Jaffa, general campaign chair. "I look forward to seeing everyone on Sept. 8 as we come together to help make our Jewish community better today and even stronger in the future."

This year, Super Sunday Kickoff attendees will:

 Join hundreds of community members to raise funds for the Campaign for Jewish Needs

- Participate in children's activities, outdoor games, family friendly activities, and more
- Enjoy kosher food

Super Sunday Kickoff will take place on Sunday, Sept. 8, 10 a.m. to 4 p.m., at the Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building (25701 Science Park Dr. in Beachwood). Family activities will begin at 1 p.m. Attendees can come to the event for a few hours or all day as their schedule allows. Kosher food will be provided.

The Federation is the only organization in Cleveland that considers the needs of the Jewish community as a whole and plans for its future. Ninety-one cents of each dollar donated goes directly to the community. The 2025 Campaign for Jewish Needs will conclude on Dec. 11, 2024.

For more information, visit www. jewishcleveland.org, email lmarkowicz@ jewishcleveland.org, or call 216.593.2905. "I look forward to seeing everyone on Sept. 8 as we come together to help make our Jewish community better today and even stronger in the future."

> – Amir Jaffa, General Campaign Chair





Meet the Board of Education

he Board of Education is composed of five community members who bring diverse perspectives and a shared commitment to creating an inclusive and high-quality educational environment in Beachwood. Each board member has a unique story and a deep-rooted passion for public service that drives their efforts to enhance the educational experiences of all students in the district. Meet the remarkable women behind the decisions that shape our schools and community.



Beachwood Board of Education members Rini Ghosh, Wendy Leatherberry, Kim Allamby, Josephine Chan, and Megan Walsh.

Megan Walsh, President



With nearly 20 years of experience as a social worker, I have embraced the values of service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence. My decade providing direct service to adolescents and their families revealed to me the impact of systems on individuals. Driven to make a difference on a broader scale, I dedicated eight years to

addressing the impact of racism on birth outcomes as the Deputy Project Director for MomsFirst at the Cleveland Department of Public Health. Currently, I serve as the Program Manager for Diversity, Equity, and Inclusion at the Case Western Reserve University School of Medicine, where I support opportunities for underrepresented students in medicine and work to create an environment where all students feel a sense of belonging.

My husband, Brandon, and I have two sons: Nolan, a ninth grader at Beachwood High School, and Cooper, a sixth grader at Beachwood

Middle School. Like many families, we moved to Beachwood specifically for the schools. From the time Nolan and Cooper started Pre-K at Fairmount, it was clear that Beachwood Schools provided an exceptional environment for them to learn and thrive.

Inspired by their experiences, I applied for a vacancy on the Board in January 2019. I recognized the outstanding education my boys were receiving and wanted to ensure that all students could thrive in Beachwood Schools. Our district benefits from a dedicated and talented staff and a community that supports and values public education. This combination allows Beachwood Schools to prioritize students and their continuous growth and success. The district strives to meet every student's individual needs. This equity approach means ensuring that everyone has what they need to meet their potential. This is contrary to an equality approach, which would provide everyone with the same thing, regardless of their needs.

Public service has always been at the forefront of my career as a social worker and, for the past eight years, it has also driven my efforts outside of work. I am deeply passionate about civic engagement and have actively participated in voter registration and get-out-the-vote efforts. In my free time, I enjoy reading, biking, completing jigsaw puzzles, and being a track and soccer mom.

Wendy Leatherberry, Vice President



I am a lifelong Clevelander, having grown up in Cleveland Heights and graduated from the Heights Schools. An only child, I learned from my activist mom and law professor dad to balance the personal, political, professional, spiritual, and intellectual in order to have a fulfilling life. At 28, I was elected and served a term on the Cleveland Heights-University Heights Board of Education.

My passion for public service guides my professional work in nonprofits. As a Reform Jew, I have internalized the concept of Tikkun Olam, which means we all must play a part in repairing the world. For me, this involves being active in advocacy, policy, and politics. I believe accessible and excellent public education is foundational for our nation. Ensuring our local schools are the best for every student is tremendously rewarding.

Outside of the Board of Education, I serve as the president of the Beachwood Democratic Ward Club, helping people get engaged and active in making a difference. I am involved in my synagogue, Congregation Mishkan Or, as a member of the Ritual Committee. Professionally, I am the Development and Communications Director for the National Network to End Domestic Violence, a role that allows me to use my skills for work that I find deeply important and impactful.

My husband, Carl Horowitz, and I have two sons: Sam, a Beachwood High School graduate and now a senior at Purdue University, and Ian, a fifth grader at Hilltop. We enjoy spending time with our dogs, Leela and Reena, and celebrating Carl and Ian's latest Tae Kwon Do accomplishments.

I love serving on the Board of Education because it allows me to support the outstanding work of our school district. Beachwood Schools excels in providing individualized support to students and families of all backgrounds and abilities. Our small size, combined with the skills and commitment of our leadership, teachers, and staff, enables us to deliver exceptional education. Importantly, we are always striving to improve.

Kim Allamby



I have had the honor of serving on the Beachwood Board of Education since January 2022. My commitment to public service stems from a deep conviction in the transformative power of education. In the past two years, I have enjoyed learning the complex inner workings of Beachwood Schools and getting to know families, staff, and administrators. The more I learn, the more I

appreciate public education in Beachwood, and this compels me to make it even better.

As an African American woman, born and raised in Shaker Heights as the only child of a single parent, I know firsthand the importance of strong public schools. My mom impressed upon me at a young age the importance of hard work, doing your best, and setting high goals. I watched her work swing shifts and overtime at the local steel

mill. She deferred her educational aspirations so I could succeed. Thanks to her sacrifices, I earned a bachelor of science degree from the University of Michigan and a Master of Physical Therapy degree from the University of Pittsburgh. After I finished my studies, my mom received her Associate's degree from Cuyahoga Community College. It was one of the proudest days of my life.

Strong public-school education is also why my husband, Carl, and I moved to Beachwood in 2015 with our two daughters, Kayla and Kennedy, who were in first grade and preschool at the time. From the beginning and to this day, Beachwood Schools has felt special to our family. We are grateful for how well the staff gets to know our children, fosters inclusivity, and incorporates learning about the different cultures within our diverse school population.

Teaching and learning remain as dominant themes of my life. I have worked as a physical therapist for over 25 years, teaching people to improve mobility and function after illness or injury. I enjoy volunteering at Seeds of Literacy to help adults obtain their GEDs. I'm also learning ballroom dancing with my husband, and my newest hobby is pickleball. I love it! Perhaps I'll become an instructor one day.

Josephine Chan



I have been a proud member of the Beachwood Board of Education since 2022. After moving to Cleveland for graduate school 25 years ago, I met my husband, Ricky, and we decided to stay here because of the city's diversity and incredible mix of art and culture. When it was time to start a family, we chose Beachwood for its outstanding schools, close-knit community, and excellent amenities.

Beachwood City Schools stands out because of our diverse student population and inclusive community. We celebrate our students' unique backgrounds and lived experiences, supporting their growth in developing intercultural awareness. Our strong partnerships with the support organizations, city, and local businesses enhance our students' educational experience.

The district is committed to academic excellence, offering

comprehensive services for gifted and special education, counseling, and academic support. Our highly qualified staff recognizes the uniqueness of each student, creating personalized learning experiences that support their individual needs and learning styles. By building strong relationships with students and families, our staff fosters a supportive and nurturing school culture.

Since my son began kindergarten, I've been actively involved in our school community, serving as a volunteer room parent and member of the Parent Equity and Engagement team. My decision to run for school board is driven by my commitment to ensuring all students have the resources they need to succeed. As an Asian American, I believe I offer a unique perspective to the district and community.

Beyond my public service, I am passionate about mentoring the younger generation, especially women. Growing up with few female role models to emulate, I understand the importance of mentorship. Through my involvement in the Engage! Cleveland Women's Mentorship Program, I've dedicated myself to helping young women navigate their paths and develop into future leaders. Sharing my experiences and knowledge is incredibly rewarding. The enthusiasm and drive of my mentees inspire me daily and fuel my commitment to closing the gender gap.

Rini Ghosh



I had the honor of joining the Beachwood Board of Education in January 2024. Born in Canada, raised in India, and later immigrating to the U.S., I consider myself a twotime immigrant.

Rebuilding my life at different stages and ages has given me a unique perspective on the challenges faced by those who have done the same across cities and international borders.

My interest in public service was sparked during my time as an undergraduate student at the University of Toronto, where I served as the elected student council president representing over 70,000 students. After graduating, I ran for public office at age 27. While I lost both my bids for the Ontario legislature and the Canadian parliament, these experiences taught me that I wanted to become a policy-maker in the future.

For love and a thirst for learning, I moved to Boston for a graduate degree in law and public policy, where I again served in elected

student government. Getting involved in Beachwood was an easy choice for me because I have always believed in giving back to the community where I live, study, and work.

As an Indo-Canadian with nearly four years of American citizenship, I am a strong believer in the intersectionality of identity and equity in opportunity. In my day job, I work to make the cancer journey more equitable for people through data analysis, problemsolving, policy implementation, and community engagement. I am passionate about building communities that support one another because, as the saying goes, "Equal rights for others does not mean fewer rights for you – it's not pie."

I believe this is where Beachwood sets itself apart from other districts. Our greatest strength is our diversity, and in our public school system, we must leverage that strength. I feel very fortunate to have been appointed to this school board to serve with such amazing women. Together, we bring diverse perspectives to the table to ensure every student has the resources they need to succeed.

In my spare time, I serve as the secretary for the Beachwood Democrats, enjoy cooking and entertaining with my husband, and spend time with my two children, Raaya and Aarysh, and our pet dogs, Onyx and Oreo.

Focused Efforts for the 2024-2025 School Year

By Megan Walsh, President

Members of the Board of Education are elected (or appointed if a vacancy occurs) to represent the community they serve and keep the best interest of students at the forefront of decisions. The Board of Education provides governance for the school district through evaluation of the district's superintendent and treasurer, adopting and monitoring financial budgets and expenditures, and reviewing district performance and student achievement.

The Beachwood Board of Education values community engagement and elevating the voice

of all stakeholders. Board members can often be found at school events and are available by phone or email. The Beachwood Board of Education meets publicly twice a month (the second and fourth Mondays at 7 p.m.) and conducts non-public executive sessions, as needed, to discuss matters required to be kept confidential by Ohio State law.



plans for the district's new elementary schools.

For the 2024-2025 school year, we are focusing on specific efforts that support our core areas of student achievement, intercultural awareness, and mental well-being. These efforts include family engagement, experiential learning, multi-tiered systems of support, and trauma-informed practices.

Family Engagement

By Kim Allamby

One of our key efforts is increasing family engagement by offering a variety of opportunities for families and students to interact with district staff in meaningful ways. Our goal is to cultivate a supportive and collaborative environment and create a positive educational experience for our students. Programs such as "A Seat at the Table," newly formatted open houses, parentteacher conferences, and other events throughout the year will provide families with opportunities to participate actively. Recognizing our diverse family backgrounds and perspectives, we strongly encourage family participation and feedback to foster cultural awareness and inclusivity.

Family engagement can also strengthen community ties and create lasting memories. One of my most memorable district events was the community-wide solar eclipse celebration, hosted in the Beachwood High School stadium this past April. The sense of unity I felt with friends, family, and the Beachwood community as we

experienced this celestial event together was unforgettable. Whether at an individual school level or community wide, we look forward to partnering with our families to positively impact the academic, social, and emotional well-being of our students.

Experiential Learning

By Josephine Chan

Another top priority for the 2024-2025 school year is to increase the use of experiential learning across all grade levels and subject areas. We want our answer to be meaningful when children ask, "Why do we need to learn this?" Experiential learning enhances student engagement and provides a sense of purpose for children as lifelong learners.

This became evident to me during a family trip to Paris, where my children and I experienced the Eiffel Tower firsthand. I have seen pictures and videos of the Eiffel Tower, but I did not truly appreciate its beauty until it was just a few yards in front of me. This experience sparked my children's fascination with architecture, history, and French culture, leading to

numerous inquiries about making crepes and the history of perfume. This kind of learning fosters lasting knowledge that no textbook can provide.

In the classroom, hands-on activities and addressing real-world problems help students see the practical applications of what they learn. These activities inspire wonder, deepen understanding, and improve retention. Field trips, guest speakers, experiments and group projects reinforce classroom concepts and create a fun and engaging learning environment that enhances students' overall well-being. By expanding experiential learning in Beachwood City Schools, we strive to cultivate curious, informed, and inspired students ready to excel beyond our classrooms.

Multi-Tiered System of Supports

By Rini Ghosh

The Multi-Tiered System of Supports (MTSS) framework is designed to ensure every student succeeds both inside and

outside the classroom by providing the right level of support based on individual needs. MTSS uses universal screenings, standards-based curricula, tailored support, and continuous data gathering to coordinate academic standards, behavioral expectations, and best practices. This framework is designed to help all students meet or exceed gradelevel expectations.

In MTSS, everyone plays a role – teachers, staff, families, service providers, and the students themselves. This collaborative approach creates a comprehensive support system that helps students succeed in their academics, personal relationships, and future goals.

MTSS recognizes that one size does not fit all in education. By using data and evidence-based methods, we ensure that every child in Beachwood receives the specific support they need to thrive. This framework fosters a more equitable learning environment for all our students.

Trauma-Informed Practices

By Wendy Leatherberry, Vice President

Understanding that trauma can impact individuals in various ways, often unexpectedly, is vital for supporting the mental wellness of students and staff. A trauma-informed approach improves students' functioning and quality of life, prevents retraumatization, and protects lives. It emphasizes understanding the underlying causes of behaviors before determining the

appropriate response or intervention.

My experience working in various nonprofits, including the Cleveland Rape Crisis Center, has taught me the importance of traumainformed practices. Trauma changes the brain and causes involuntary reactions – such as fight, flight, or freeze – when the body perceives a threat. These behaviors can significantly impact the school environment.

By implementing all-district training on trauma-informed practices, Beachwood's staff will learn how to respond effectively to students and colleagues, creating a more supportive and understanding learning and work environment.

For the 2024-2025 school year, we are focusing on specific efforts that support our core areas of student achievement, intercultural awareness, and mental well-being.





Real Estate Statistical Update by Sharon Friedman



"As we move into the fall season, we remain in a strong seller's market although with some caveats. The number of sold listings decreased 23% month over month from February to July with inventory up by 50% from June to July. While it is normal for a small dip in sales at the end of Summer, indications are pointing to strong sales in the Fall. The average Sold Price vs List Price for the quarter is 99%, indicating that Sellers are getting very close to or above their asking price. I anticipate buyers' demand to increase during the next month or two due to the hopefully continued decrease in interest rates. The overall sustained lack of homes for sale will improve the outlook for real estate in the coming months and years. Northeastern Ohio continues to be a desirable location attracting new residents from out of state, while Beachwood remains very competitive due to the quality and age of the housing stock and the excellence of schools and community amenities."

- Charon Friedman

Homes SOLD in Beachwood

May 14, 2024 - Aug. 12, 2024

Street	Days		List		Sold	LP/SP%	Bed	Bath	Built
Glenhill	29	\$	275,000	\$	237,500	86%	3	2	1956
E Groveland	36	\$	290,000	\$	265,000	91%	3	2	1952
Cedar	64	\$	279,900	\$	279,900	100%	4	2	1955
Halworth	103	\$	299,900	\$	320,000	107%	5	4	1955
Hanover	47	\$	350,000	\$	330,000	94%	3	4	1987
Belvoir	16	\$	337,000	\$	350,000	104%	3	3	1962
Beachwood	12	\$	325,000	\$	350,000	108%	3	3	1953
E Groveland	62	\$	379,000	\$	365,000	96%	3	3	1960
Hazelmere	21	\$	389,900	\$	380,000	97%	3	3	1961
Fairmount	123	\$	389,900	\$	380,000	97%	3	2	1956
Glenhill	30	\$	409,500	\$	395,000	96%	3	3	1954
Beachwood	118	\$	415,000	\$	400,000	96%	3	2	1947
Edgehill	172	\$	429,500	\$	415,000	97%	4	3	1966
Hazelmere	39	\$	449,000	\$	425,000	95%	3	3	1970
S Woodland	25	\$	429,900	\$	435,000	101%	3	2	1956
Edgewood	6	\$	465,000	\$	445,000	96%	4	4	1952
Belvoir	36	\$	449,000	\$	449,000	100%	4	4	1954
Meldon	42	\$	480,000	\$	485,000	101%	4	4	1961
Hilltop	1	\$	550,000	\$	550,000	100%	4	4	1959
Duffield	2	\$	530,000	\$	575,000	108%	4	4	1965
Brian	3	\$	579,900	\$	590,000	102%	4	3	1968
Shaker	2	\$	620,000	\$	625,000	101%	4	3	1955
Halburton	4	\$	650,000	\$	665,000	102%	4	3	1975
Maidstone	7	\$	650,000	\$	680,000	105%	4	3	1966
Bridgeton	1	\$	749,900	\$	748,750	100%	4	3	1967
Hendon	127	\$	759,900	\$	759,900	100%	4	3	1973
Bryden	37	\$1	,395,000	\$1	,365,000	98%	5	6	2024

Beachwood Market Update

This data was provided by Sharon Friedman, courtesy of NEOHREX. Data provided was accurate at the time of reporting. The source for the spreadsheet is MLS Now.

The market data is from Trendgraphix, Inc. Information is believed to be accurate, but not guaranteed. Data does not reflect sales of property not included in MLS.

Consult a Realtor® if you have questions about the market.

Sharon's Recent Beachwood Sales & Listings

NEW LISTING: 23512 E Baintree Road list \$439.900

SHARON LISTS AND SELLS BEACHWOOD!



25405 Halburton Road List price \$1,050,000 5 Bed, 3.5 Bath COLONIAL



25035 Penshurst Drive List price \$689,900 4 Bed, 3.5 Bath COLONIAL



26800 Hurlingham Road List price \$975,000 4 Bed, 4.2 Bath CAPE COD



25053 Letchworth Road List price \$645,000 5 Bed, 3.5 Bath MULTI LEVEL

NEW PRICE: 24418 Hazelmere Road list \$399.900 FOR SALE: 23100 E Groveland Road list \$359,000 PENDING: 2166 Lyndway Road list \$499,900 PENDING: 15 Saratoga Ct in The Village list \$439,900 **SOLD 8/24: 3094 Richmond in Wedgewood list \$325,000** SOLD 8/24: 24001 Glenhill Drive list \$275,000 **SOLD 7/24: 25129 Maidstone Lane list \$650,000** SOLD 7/24: 25019 Hazelmere Road list \$449,000 **SOLD 7/24: 2350 Beachwood Boulevard list \$415,000** SOLD 7/24: 9 Dorset Ct. in The Village list \$345,000 **SOLD 6/24: 23700 Bryden Road list \$1,395,000 SOLD 6/24: 24461 S Woodland Road list \$429,900 SOLD 4/24: 23700 Halburton Road list \$575,000** SOLD 4/24: 25741 Hurlingham Road list \$449,900 SOLD 4/24: 10 Bordeaux Ln in The Village list \$375,000 SOLD 11/23: 25404 Bryden Road list \$365,000 SOLD 10/23: 19 Deerfield Lane, The Village list \$409,900 SOLD 10/23: 7 Deerfield Ln in The Village list \$375,000 SOLD 10/23: 24423 Bryden Road list \$350,000



Sharon Friedman BHHS Professional Realty

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Email: sfriedman@bhhspro.com www.SharonFriedmanHomes.com



Family-Fun Events! House and Garden Tour

Sunday, Sept. 15 • 12 p.m. - 4 p.m.

\$20 per person

Tour Starts at the Beachwood Community Center 25325 Fairmount Blvd. • Pick Up Tickets at the Entrance

The community is invited to participate in this year's House and Garden Tour, sponsored by the Beachwood Historical Society, Beachwood Garden Club, and City of Beachwood.

Beachwood has some real gems and treasures that homeowners have so graciously offered to share. Be sure to see the different styles of architecture, the delightful she shed, Van Sweringen homes, a Zen garden, Japanese maple trees, water features, Master Gardener Marty, the Heroes Garden, whimsical yard decorations, perennials,

a voodoo plant, yards, houses, and gardens.

This event provides a perfect opportunity for you to ask questions about gardening and to enjoy your day. Register at https://tinyurl.com/BchwdHG and enter *Home & Garden Tour* on the search line.

Refreshments will be served between 2 and 3:30 p.m. at the Community Center. Restrooms will be available for your use.

The Greatest Fall Festival on Earth

Kickoff Concert and Fireworks • Free!

Saturday, Sept. 28 • 7:30 p.m. • Beachwood Community Center Parking Lot

Beachwood's Seventh Annual Fall Festival • Free!

Sunday, Sept. 29 • 12 p.m. - 5 p.m. • Beachwood City Hall

Beachwood's Seventh Annual Fall Festival, presented by Crestmont, is set to kick off with a *blast*! Hailing from Chicago, *Boy Band Review* will capture the hearts of fans as the headliner for the Saturday, Sept. 28,

concert, followed by a stunning fireworks display.

Sunday's festival will include inflatables, zip line, magic and illusionist, psychic reader, hypnotist, clowns, stilt walkers and more!





When you support the Campaign for Jewish Needs, you help us support Israel and combat antisemitism



- Ensure Jewish college students feel safe, secure, and supported.
- Increase resources to help combat rising antisemitism online, on campus, and in schools.
- Organized more than 1,700 Jewish Clevelanders to travel to Washington, D.C. in November 2023 to show their support for Israel.
- Establish a new partnership and address the ongoing needs of Kibbutz Kissufim, a community attacked by Hamas on October 7, 2023.

Together, we do all of this and so much more.

None of this would be possible without you - our generous donors from across our Cleveland Jewish community. Every dollar makes a huge difference. Thank you for making an impact!



Donate today at jewishcleveland.org or scan the QR code

Beachwood Police Chief Katherine "Kate" McLaughlin Retires

eachwood Police Chief Katherine "Kate" McLaughlin was hired as deputy chief in September 2021 and sworn in as chief of police just two months later. Chief McLaughlin is the first woman in the city's history to serve in this role.

After serving our community for three years, Chief McLaughlin announced her retirement, effective Sept. 13, 2024.

"I am retiring from my long and successful career in law enforcement," she said. "I started as a patrol officer in Cleveland Heights, and worked my way up to chief of police at the Cleveland MetroParks and now in Beachwood. My decision to retire was difficult.

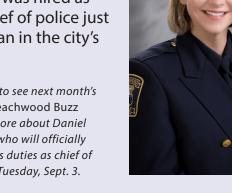
"I thank Mayor Berns for his support in this role," she continued. "After leading two departments as chief of police over the past six years, I feel I have achieved everything I set out to accomplish in law enforcement and reached my maximum potential. I am excited about my future and potential opportunities in the private sector."

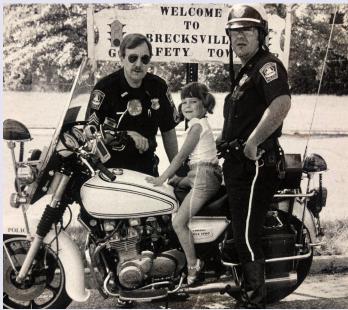
Chief McLaughlin's distinguished career is marked by a trajectory of dedicated service and leadership. She achieved significant milestones during her tenure in Beachwood, some of which are listed on the opposite page.

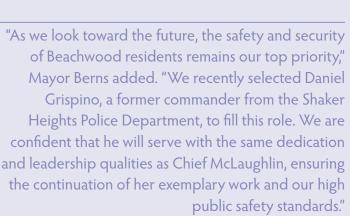
"Chief McLaughlin's dedication to keeping our neighborhoods safe, her seamless collaboration with city administration, and her advancement of public safety initiatives have made a significant contribution to the Beachwood community," said Mayor Justin Berns. "I am grateful for the chief's exemplary service. Her dedication and leadership have left an indelible mark on our community and we wish her the very best in her welldeserved retirement.

"As we look toward the future, the safety and security of Beachwood residents remains our top priority," Mayor Berns added. "We recently selected Daniel Grispino, a former commander from the Shaker Heights Police Department, to fill this role. We are confident that he will serve with the same dedication and leadership qualities as Chief McLaughlin, ensuring the continuation of her exemplary work and our high public safety standards."

Be sure to see next month's issue of Beachwood Buzz to learn more about Daniel Grispino, who will officially assume his duties as chief of police on Tuesday, Sept. 3.









Chief McLaughlin knew she wanted to be a police officer since attending Safety Town at age 5.

Q&A with Chief McLaughlin

When did you know that you wanted to go into this field?

I knew I wanted to be a police officer since I attended Safety Town when I was 5 years old. I never waivered or changed my mind.

Tell us about your career path.

I was hired as a patrol officer at the Cleveland Heights Police Department and worked there for 17 years. I served on the SWAT team, the DEA task force, and was a fingerprint expert. I loved working in Cleveland Heights and rose through the ranks fairly quickly, but when the Cleveland Metroparks recruited me to be chief of police, it was an opportunity I could not pass up. I was the first female chief of police at the Cleveland Metroparks and served in that role for 3.5 years. Then I had the opportunity to come to Beachwood as deputy chief. Within two months, I was promoted to chief of police by Mayor Horwitz and became the first female chief of police in Beachwood.

Proudest moments?

Looking at my daughter when I was sworn in as the chief at two of the best organizations in Northeast Ohio. I have always told her you can do anything you put your mind to, and seeing her face on those two occasions is something I will never forget. Also, the Cleveland Metroparks had a mounted unit and I am proud I learned how to ride a horse to better understand the officers and horses that worked in that unit. I am also proud of many of the cutting edge security, technology, and training improvements we made in Beachwood to help protect the citizens and businesses.

Biggest challenges?

Law enforcement in general has been a challenge for the past 10 years. And being a female leader in what is still a predominantly male profession is tough. I believe there is often a double standard and bias in this field for females in leadership positions. However, I always strived to make the right decisions for the benefit of the citizens of Beachwood and the police department, even when I knew my decisions were not going to be popular. Thankfully, I received great support as Chief of Police from the mayors for whom I worked, my fellow directors in the administration, many City Council members, and colleagues throughout Northeast Ohio.

What do you like to do outside of work?

Travel, trying new restaurants, Pilates, gardening, and spending time with my friends and family.

Any specific plans you'd like to mention in retirement?

I plan on traveling to my *bucket list* destinations with my husband, "ubering" my 14-year-old daughter around, possibly writing a book about my experiences as chief of police, and exploring opportunities outside of law enforcement.



Anything else you'd like to share with the community?

I will miss the community of Beachwood. This community is amazing and supportive of the police. Of all the places I worked in my law enforcement career, Beachwood definitely stands out the most in that regard. We have made great strides in improving the safety and security of this community over the past three years and I know this will continue with the next chief and Mayor Berns administration.

Accomplishments

- Launched a field office at Beachwood Place in CoHatch.
- Active Threat training was completed for Beachwood Police at Beachwood Place and in Beachwood City Schools.
- Worked in conjunction with the Beachwood Fire Chief to purchase traffic signal preemption devices for all departmental vehicles to improve response times.
- Initiated a drone program for the police and fire departments. Sent four officers to training to become certified pilots, so we have one officer on each shift.
- Purchased a NGEN-MT Video Surveillance trailer camera to be deployed throughout the city when needed.
- Purchased and deployed security cameras for the new pickleball courts and new playground.
- Started deer management program in collaboration with the Mayor's office and the City of Shaker Heights.
- Launched a License Plate Reader program throughout the city to assist the patrol division with their patrol duties.
- Restructured the police department and dispatch, creating three new sergeant positions, and three new lead dispatch supervisor positions.
- Worked with the Beachwood 100 and the city to replace all gym equipment and cardio rooms with new state of the art equipment.
- Purchased a visitor management system for the entrance to City Hall as well as additional security equipment to enhance safety.
- Wellness grant was awarded to and available to all sworn officers.
- Oversaw the procurement of two grants for the police department for a total of \$588.000.
- Beachwood police officer assigned to EDGE Bomb Squad.
 Applied for and was awarded a grant for \$171,000 to be utilized by EDGE Bomb.

Looking to the Future ...

- Chief McLaughlin is the process of assigning a Beachwood Police officer to the FBI Joint Terrorism Task Force. This position supports the Domestic Terrorism, International Terrorism, and Weapons of Mass Destruction programs; and
- Working with Brookfield Management on a permanent location (next to Bath and Body Works, old Customer Service location) for officers to continue be assigned to Beachwood Place on a full-time basis to continue to ensure safety to all visitors and employees.

Thank You Chief McLaughlin

Chief McLaughlin received many congratulatory messages, some of which we proudly share:

Oren Baratz • Senior Vice President, Jewish Federation of Cleveland

As the chief of the Beachwood Police Department, Kate was a tremendous asset to the entire community. I want to thank Chief McLaughlin for her dedicated service and commitment to combating all forms of hate.

Chief Christopher Britton Cleveland Heights Police Department

I have know Kate for more than 23 years. Although I wasn't the chief when she was employed here, we worked as a team and she was always very dedicated to her work and the law enforcement profession. We even competed in promotional exams together. Since she has been chief of police in Beachwood, we have continued to work together collaboratively on several projects. She is demanding as a leader, but also fair and understanding. She is a colleague. Even more, she is a friend for whom I hold a high degree of respect. CHPD will always be home to her. I wish Chief McLaughlin nothing but the best and congratulate her on her retirement.

Rabbi Simcha Dessler • Educational Director, Hebrew Academy of Cleveland

Kate's distinguished career speaks for itself. Her dedication, professionalism, and expertise were consistently proven over the years. Her significant law enforcement contributions have enhanced the safety of the city of Beachwood and have made great strides toward the betterment of the broader community. Our community owes Chief McLaughlin a debt of gratitude. We wish her well in her next phase of life and her future endeavors.

Geoffrey A. Esser Director of Security, Beachwood Place

Kate came to us with a fantastic strategy to bring to Beachwood Place a field office to be closer to all patrons and businesses. Her effort in launching this was a total success. She brought a whole new element to our safety and security efforts that gave the community greater access to the Beachwood Police Department and provided a new face to our security program. This partnership created a lasting opportunity to serve our community for years to come. Thank you, Chief McLaughlin, you will be missed!

Jason Hall • President, Hall Public Safety Company

I met Kate years ago when she was the captain at the Cleveland Heights Police Department and found out quickly that she was a no-nonsense, straightforward boss. She always gave me clear expectations right up front, so there were no surprises or miscommunications. She was always available, day and night, to answer questions and give us guidance if need be.

Our relationship continued as she advanced in her career and if there were issues, we would address them and move forward. Plus, even with the weight of the world on her shoulders, Kate always took time to send me a thank you note for taking care of the cars. She was always professional, never took our professional relationship for granted, and was supportive.

Chief McLaughlin will be missed in Beachwood and in the law enforcement community. She really cares about what she does and who she does it for. I am so happy that she is able to retire and enjoy life beyond law enforcement.

Dr. Robert P. Hardis • Superintendent, Beachwood City Schools

On behalf of Beachwood City Schools, I am pleased to wish Kate the best upon her retirement. Our school district has been fortunate to enjoy a close, collaborative working relationship with the Beachwood Police Department under the leadership of Chief McLaughlin and Mayor Berns. Our schools, students, staff, and community are safer as a result. Kate has been an excellent partner for us – communicating clearly,

problem solving, and offering assistance whenever it was needed. We wish her the best in retirement.

James Pasch • Senior Director, National Litigation with the Anti-Defamation League, Former Beachwood City Council President

Kate became Police Chief during my time as City Council president. I know now, what I knew then, which is that we made the right decision. Her work ethic and creativity provided a safer environment for all who live, work, and play in our community. She has truly lived a life of public service and we are all better off. I wish Chief McLaughlin nothing but the best, and I have no doubt that her dynamic leadership skills will transfer seamlessly to whatever she chooses to pursue next.

Tom Patton • State Representative, 7th District

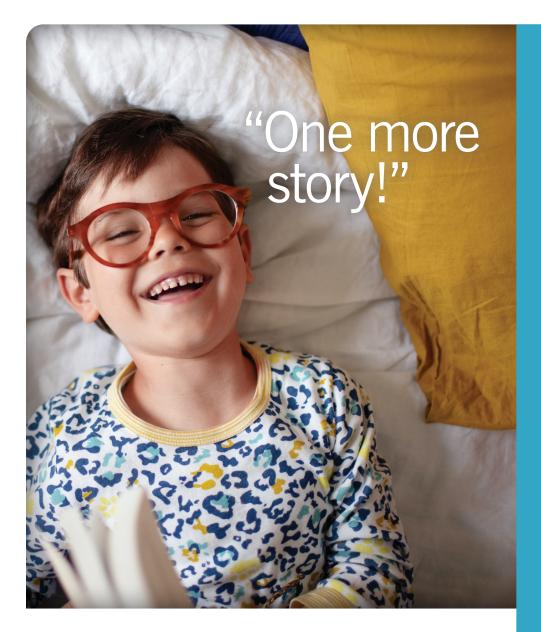
I've known Chief McLaughlin since her early days as a rookie patrolwoman in Cleveland Heights. It has been with great admiration that I've watched her advance through the ranks to first overhaul and modernize the Cleveland Metroparks Police and to then initiate significant improvements in the Beachwood Police Department. She certainly left her mark everywhere she served.

Brian Zimmerman Cleveland Metroparks CEO

We congratulate Chief McLaughlin on her retirement and thank her for her years of public service, including the time she spent overseeing the Cleveland Metroparks Police Department.



Beachwood Police Chief Kate McLaughlin (center right) with Mayor Justin Berns (center right) and the exemplary staff of the Beachwood Police Department.



Kids know how to squeeze more childhood out of every moment. And at Akron Children's, we specialize in one thing: kids. So, we've expanded our pediatric primary and specialty care services and locations in Cleveland to give them what they want – more time being a kid.

Appointments are available now.

Learn more about our services at the Beachwood and Mayfield Heights locations at **akronchildrens.org/Cleveland**.

More childhood, please:



Pediatric services in Cleveland:

Primary care

Urgent care

Audiology

Behavioral health

Breastfeeding medicine

Cardiology

Ear, nose and throat (ENT)

Electroencephalogram (EEG)

Gastroenterology

Lab

Neurology

Orthopedics

Outpatient surgery (ENT, Orthopedics, Gastroenterology)

Perioperative surgical home

Radiology

Balance Solutions

Physical Therapy







We Want YOU To Stride & Smile!

So we created a Stride & Smile contest

...and we are giving away FREE Visa Gift Cards & FREE 60-Minute Massages to help inspire you!!

Post a Picture
Outdoors
Striding & Smiling
to WIN!

If you would like to enter a drawing for chances to win FREE VISA gift cards or FREE 60-minute massages simply do one of the following:

Post a picture on Facebook and tag Balance Solutions Physical Therapy or email us your picture!

We will post all winning pictures on Facebook at the end of the month!

We Accept Most Medical Insurances!



GOT Pain, Dizziness, or Balance Issues???

We Can Help!

Call Balance Solutions and Schedule your Appointment Today!

Stride & Smile

The Simple Steps to a Happier, Healthier You

Walking and smiling are simple activities that offer profound benefits for both your physical and mental well-being. Despite their simplicity, incorporating these habits into daily life can lead to significant improvements in health and happiness.

The Balance Solutions staff hopes to inspire more of our community members to get outside, walk, and smile! Post a picture of yourself, a friend, or a family member outdoors Striding & Smiling for a chance to win!

440-449-3400
BalanceSolutions.com
BalanceSolutions@sbcglobal.net
23175 Commerce Park - Beachwood - Ohio

Stride & Smile: The Simple Steps to a Happier, Healthier You



Physical Benefits of Walking

Walking is one of the most accessible forms of exercise. It requires no special equipment, can be done almost anywhere, and is suitable for people of all ages and fitness levels.

Regular walking helps improve cardiovascular health by strengthening the heart, lowering blood pressure, and improving circulation. According to the American Heart Association, a brisk walk can lower the risk of heart disease and stroke, improve blood sugar levels, and boost overall endurance.

Walking also strengthens muscles and bones. It enhances muscle endurance and tone, particularly in the legs and core. Over time, this can lead to better posture and balance, reducing the risk of falls and injuries. Unlike high-impact exercises, walking is gentle on the joints, making it an excellent option for those with arthritis or other joint issues.

Mental & Emotional Benefits

The mental health benefits of walking are equally compelling. Walking releases endorphins, the body's natural mood lifters, which help reduce stress, anxiety, and depression. Engaging in a regular walking routine can lead to improved sleep patterns, increased energy levels, and a greater sense of overall well-being.

Walking outdoors, in particular, provides Social & Emotional Benefits an opportunity to connect with nature, which has been shown to have additional calming and restorative effects on the mind. Exposure to natural light helps regulate circadian rhythms, which can enhance mood and reduce feelings of fatigue. Furthermore, walking can serve as a form of moving meditation, allowing individuals to clear their minds, reflect, and gain perspective on various life situations.

The Power of Smiling

Smiling, like walking, has remarkable effects on both physical and mental health. Smiling releases endorphins, dopamine, and serotonin, which are chemicals in the brain that promote happiness, reduce stress, and decrease pain.

Even a forced smile can trigger these positive effects, demonstrating the power of the mind-body connection.

Physiologically, smiling can lower heart rate and blood pressure, contributing to better cardiovascular health. It can also boost the immune system by increasing the production of antibodies and activating immune cells, making the body more resistant to illnesses.



If pain, dizziness, decreased balance, or muscle weakness is keeping you from **Striding & Smiling** Call to schedule your

evaluation today!

Smiling enhances social interactions and relationships. It is a universal sign of friendliness and approachability, making it easier to form connections with others. A smile can break down barriers, diffuse tense situations, and create a positive feedback loop, where one person's smile leads to another's, spreading joy and improving the mood of those around.



Smiling can also increase one's own sense of happiness and well-being. When we smile, we send a message to our brain that we are happy, which can help shift our mood in a positive direction. This feedback loop between the brain and facial muscles can be a powerful tool for improving mental health.

Conclusion:

Incorporating walking and smiling into daily routines can lead to significant improvements in physical, mental, and emotional well-being. These simple yet powerful activities enhance cardiovascular health, boost mood, reduce stress, and foster social connections. By making a conscious effort to walk more and smile often, individuals can experience a happier, healthier, and more fulfilling life.

Now get outside, smile, make someone else smile, and send in your picture!

- Kelly Beaudoin, CEO Balance Solutions Physical Therapy, Inc

A True Champion



imone Biles is remarkable. Yes, she changed the sport of gymnastics by doing what no gymnast has ever done before.

Yet, what truly makes her the GOAT (greatest of all time) is her example of prioritizing self-care. She showed herself and the world that taking the time you need to care for your mind and body is not quitting but the very foundation of what it takes to be your best. Your strongest. Your healthiest. Your most present and powerful.

Talk about pressure: The world was literally watching as she struggled, as she spiraled, as she lost control of her internal North Star.

So many expectations. So much judgment.

She did what few could do in her position: She silenced

the external and tuned in to the internal. She listened to her inner voice and knowing: Stop. You are what matters. You must get the support and the help you need to feel strong and stable within yourself. Get help now.

This was the moment she became a true champion by accomplishing the hardest feat up until this point in her life. She intentionally chose her wellbeing over all else.

How brave. How bold. How important.

She put necessary boundaries in place, silenced the triggering noise, and found peace within. She went to therapy and began

trauma work (her mother was a drug addict; she lived in foster care until adopted by her maternal grandparents; she survived abuse from coaches and her USA Gymnastics team doctor). She learned and is practicing mindfulness strategies that have helped her begin to heal - and cope - with a lifetime of physical, mental, and emotional pain.

Simone is learning how to take control of her story, her life, by prioritizing her mental health and wellness one day at a time.

Simone Biles is a survivor.

Taking this time did not prevent future success, it allowed for even more.

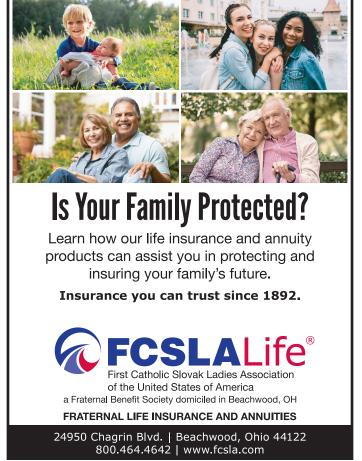
She came back to Paris healthier. stronger, more confident, and ready to show herself what she is capable of when her healthiest mind and body are in sync.

In an interview, she said, "You grow through what you go through" She refused to be defined or limited by what hurt her and continues to grow, heal, and rise.

For Support:

- 988 Suicide & Crisis Lifeline
- RAINN (Rape, Abuse & Incest National Network) 1.800.656.4673 or www.rainn.org
- · Crisis Text Line Text: CONVO to 741741







Correcting the Cargill Decision With a Bump Stock Ban in Ohio

By State Senator Kent Smith

n June 14, the highest court in the land issued the 6-3 Cargill decision which said a firearm accessory called a bump stock would again be available for legal purchase unless states had specifically banned them.

In doing so, the U.S.
Supreme Court overturned common sense public safety policy that was enacted by Donald Trump, demonstrating that the current U.S. Supreme Court may be even more extreme than the former President.

The back story on the ban is that on Oct. 1, 2017, the deadliest mass shooting in U.S. history occurred in Las Vegas on the third night of a country music festival. The murderer used a bump stock which caused his semi-automatic weapon to shoot like a machine gun.

Machine guns have essentially been illegal in the United States since 1934.

In February 2018, President Trump issued an executive order to ban bump stocks.

When used a bump stock will cause a semi-automatic weapon to shoot like a machine gun. In June, the U.S. Supreme Court overturned the bump stock ban, unless states had banned them. So, I introduced SB 307 to do just that in Ohio.

Bump stock ban legislation has bipartisan support. Republicans and Democrats have teamed up to introduce legislation to ban them in both houses of Congress and bump stocks are illegal in over a dozen states including those led by Republican governors like Florida.

If machine guns are illegal in the U.S., then an accessory that turns guns into machine guns should be illegal too.

Justice Sonia Sotomayor made that exact point when she wrote the following in her dissent.

"When I see a bird that walks like a duck, swims like a duck, and quacks like a duck, I call that bird a duck. A bump stock equipped semiautomatic rifle fires 'automatically more than one shot, without manual reloading, by a single function of the trigger.' §5845(b). Because I, like Congress, call that a machine gun, I respectfully dissent."

So the bad news is the Supreme Court has issued another troubling decision – one that jeopardizes public safety and defies common sense. The good news is we can fix that wrong with Senate Bill 307 in Ohio.

State Senator Kent Smith represents Ohio's 21st Senate District which includes most of the East Side suburbs of Cuyahoga County and about 33% of the City of Cleveland.



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Beachwood Arts Council Programs

he following programs, free and open to the community, will take place at the Beachwood Community Center. They are being sponsored by grants from Cuyahoga Arts & Culture and Ohio Arts Council. Refreshments will be served following the performances.

Retro Playlist Sunday, Sept. 15 • 2-3 p.m.

Julie Matthews and Debi Lewin from The Pop Tarts will be your DJ hosts for an afternoon of entertainment, playing all your favorite hits of the 50s, 60s, and 70s. They will be spinning the tunes, taking



requests, singing a few, and offering music trivia for prizes.



3 Birds and The Wire



Sunday, Oct. 27 • 2-3 p.m.

3 Birds and The Wire brings you lush three-part harmony inspired by the iconic girl groups of the 50s-70s. Enjoy the fabulous music of beloved pop gems, reborn!

The "3 Birds" are Dianne Palmer, Cindy Smith, and Debra Rose. Their voices blend perfectly in original arrangements of songs from great artists like the Pointer Sisters, Manhattan Transfer, Meghan Trainor, the Andrews Sisters, Bruce Springsteen, Louie Prima, Chapel Hart, and many more.



Helping the ladies soar to new heights of harmony is "The Wire" – music director/arranger Mike Elkins on keyboard, Lovest Watson III on bass, Sonny Neal on drums, and Robert Hoffman on clarinet and saxes.

3 Birds and The Wire takes you from warm nostalgia to hot hits

with love, heartbreak, whimsy, and joy. And over it all lies an energy, synergy, elegance, and charm that is thrilling fans and audiences alike.

Save the Date:
The Cliff Habian Trio
Sunday, Nov. 17 • 2-3 p.m.
Watch for details next month.

Beachwood Arts Council Workshop

Gourds Transformed Into Birdhouses Saturday, Oct. 5 • 10 a.m. - noon • Beachwood City Park West

Gourds make great birdhouses. They are strong, well-liked by the birds, and look really cool hanging outside in a tree or attached to a pole. You may also choose to transform a gourd into a piece of art or a musical instrument. Gourds have been used throughout history in many different cultures and continue to be used today.

Let's celebrate fall by painting gourds in Beachwood City Park West, under the pavilion, rain or shine. Bring a smock or an old shirt to wear when doing this activity.

Reservations (*limited capacity*) and checks are required by Wednesday, Oct. 2.
Call 216.595.3400 to make your reservation. Send checks (payable to Beachwood Arts Council) to Beachwood Arts Council, 25225 Fairmount Blvd., Beachwood, OH 44122.

The cost is \$15 for BAC members and \$20 for non-BAC members. Gourds, paint, and paint brushes are included.



Beachwood Buzz • Berkshire Hathaway Home Services, Sharon Friedman
Big Frog Custom T-Shirts & More • Cleveland Foundation
Cuyahoga Arts & Culture • Eileen Dorsey Studio • Lawn Doctor
Goldfarb Weber Creative Media • Orange Place Family Dentistry
Keller National Insurance, Brian Ritzenberg • Ohio Arts Council
The O'Brien Law Firm, LLC (now part of the Brennan, Manna and
Diamond Family) • Marshall Flooring



Cleveland Jewish FilmFest Opens Sept. 5

Eighteenth annual FilmFest features 27 films from nine countries over 11 days

he Mandel Jewish Community Center is pleased to present the annual Cleveland Jewish FilmFest, Sept. 5-15, 2024. The festival, which is celebrating its eighteenth year, brings the best of international Jewish and Jewish-themed cinema to Greater Cleveland to educate and entertain teen and adult audiences. Tickets are on sale now.

The FilmFest will feature 27 films from nine countries over 11 days, showcasing a mixture of outstanding documentary, feature, comedy, and short films. A television series and several films will be available for streaming at home.

Opening night will be held at the Cleveland Museum of Natural History, featuring a lighthearted drama, *Running on Sand*. The film was nominated for the Israeli Academy Award for Best Film. The evening will include a pre-movie, invite-only Insider Party, and postmovie dessert reception.

Films will also be screened at the Cedar Lee Theatre, Cinematheque at the Cleveland Institute of Art, and the Maltz Museum.

"Each year, our FilmFest committee strives to select a diverse lineup to showcase educational, entertaining, and thought-provoking films that appeal to wide audiences," said Deborah Bobrow, director of arts and culture at Mandel Jewish Community Center. "We hope these captivating and awardwinning films challenge people's understanding or viewpoints or present a different perspective to encourage community dialogue. We're presenting movies from all genres that explore cultural and historical themes."

Engaging New Audiences

New this year, the FilmFest received generous funding from the Heather Ross and Helen and Ronald Ross family to engage a wider and more diverse audience of teens and young adults to participate in the FilmFest. The Ross Family Initiative for Audience Expansion seeks to increase the number of students attending the Teen Screen and develop the engagement of young adults to participate in Young Professionals Night on Sept. 11.

Free Film Screenings

Also new this year, the FilmFest will offer free weekday afternoon film screenings for adults ages 60+. The 1 p.m. matinee films were made possible through a Healthy Aging grant from Cuyahoga County and the State of Ohio. Advance registration is required and seating is limited.

Highlights of the 2024 FilmFest

- Sept. 5 · Opening night movie, Running on Sand, at the Cleveland Museum of Natural History
- Sept. 10 Shari and Lamb
 Chop documentary film
 about entertainer Shari
 Lewis and her beloved
 puppet creation, Lamb
 Chop, at Cedar Lee Theatre
- Sept. 11 Young Professionals Night film screening of Unspoken, by local filmmaker Jeremy Borison, who will be in attendance, followed by a mixer event
- Sept. 15 Short film program at the Maltz Museum, including *The Eighth Day*, a drama directed by Cleveland native Jonah Weinstein, about new gay Jewish parents and their decision to avoid a traditional bris (circumcision) for their son

- Oct. 15 Teen Screen films for local high school students at Cedar Lee Theatre
- Zweisters TV series and six films streaming throughout the festival, including two Teen Screen selections
- Oct. 27 Jack and Minda Jaffe Audience Award encore screening; film to be determined by audience vote

Major sponsors for the
Eighteenth Annual Cleveland
Jewish FilmFest are Cuyahoga
Arts and Culture; The Harry K.
and Emma R. Fox Charitable
Foundation; Ohio Arts Council;
the John P. Murphy Foundation;
the Leonard Krieger Fund of the
Cleveland Foundation; Heather,
Helen and Ronald Ross; and Aliki
and Peter Rzepka. Media sponsor
is Cleveland Jewish News. The
2024 FilmFest co-chairs are Sue
Wish-Baratz, Janet Stotter and
Flizabeth Sunshine

Ticket Sales

Tickets can be purchased online at www.mandeljcc.org/filmfest. For more information, call Deborah Bobrow at 216.593.6278. Each film has limited numbers of tickets available for sale and streaming films have a 48-hour viewing window.



The FilmFest will feature 27 films from nine countries over 11 days, showcasing a mixture of outstanding documentary, feature, comedy, and short films. A television series and several films will be available for streaming at home.



Opening night film, *Running on Sand*. The lighthearted drama was nominated for the Israeli Academy Award for Best Film.

THE INSIDER



KEEPING YOU CONNECTED TO THE CITY OF BEACHWOOD!

SEPTEMBER 2024

THE MAYOR'S MESSAGE

COMMUNITY ENGAGEMENT

Dear Beachwood Residents,

Over the summer, I gained a renewed sense of pride in our Beachwood community - where I witnessed unity and collaboration drive our collective success. In recent months, thanks to a series of impactful community engagement initiatives, we've made significant progress in deepening the connection between our residents and city administration. These efforts are a testament to the strength of our shared commitment to making Beachwood an even better place to live, work, and thrive.

"These efforts are a testament to the strength of our shared commitment to making Beachwood an even better place to live, work, and thrive." This summer, we celebrated a significant milestone with the successful launch of our samegender swimming pilot program. We were delighted to host approximately 300 men and 300 women during the initial four sessions. This initiative, which was a direct response to resident feedback, has

enhanced inclusivity within our community and demonstrated our commitment to creating spaces where everyone feels comfortable and respected. We are excited to announce that the city plans to establish a regular schedule for next year.

Your active participation in our Deer Management Survey has been significant. Your feedback guides our approach to managing this issue, ensuring our actions align with our community's values and concerns. Similarly, the Residential Lighting Survey has provided invaluable insights as we work toward an equitable solution for all residents.



Residential lighting focus group, Feb. 2024

Your input is vital to our city's goal of continuous improvement, and I'm excited to announce the launch of our new Resident Satisfaction Survey. This survey empowers you to share your thoughts on what we're doing well

and where we can better serve you. Whether it's our public services, infrastructure, or community programs, your feedback will help shape Beachwood's future.



Mayor Berns talking with students in Council Chambers

I invite each of you to participate in this survey. Your voice matters; together, we can ensure that Beachwood remains a place where everyone feels valued and heard. Let's work together to improve our city for all residents, businesses, and visitors.

Thank you for your ongoing support and commitment to our community. I look forward to seeing you at our annual Fall Festival later this month.

Sincerely,

Justin Borens

Mayor Justin Berns MayorBerns@beachwoodohio.com

BEACHWOOD CITY COUNCIL



HOW TO EMAIL A COUNCIL MEMBER: FIRSTNAME.LASTNAME@BEACHWOODOHIO.COM



ALEC ISAACSON COUNCIL PRESIDENT 216.291.2797



DANIELLE SHOYKHET COUNCIL V.P 216.212.9212



DELONG 216.509.3514



Joshua 650.464.6788



240.706.7478



ERIC SYNENBERG 216.401.0074



216.533.7640



AUDITOR 216.595.3712

BUILDING DEPARTMENT 216.292.1914

CLERK OF COUNCIL216.595.5493

COMMUNITY SERVICES 216.292.1970

ECONOMIC DEVELOPMENT 216.292.1915

FINANCE 216.292.1913

FIRE & RESCUE 216.292.1965

LAW 216.595.5462

MAYOR'S OFFICE 216.292.1901

POLICE 216.464.2343

PUBLIC WORKS 216.292.1922

EMERGENCYDial 9-1-1 or
216.464.1234

RESIDENT SATISFACTION SURVEY

As we continue to grow and evolve as a community, it's important to ensure that our city reflects the needs and priorities of the people who call it home - you. That's why we're launching a comprehensive Residential Satisfaction Survey. We value your input; your voice matters.

This survey is your opportunity to share your thoughts on a variety of important topics, including public safety, recreation programs, government leadership, and other key areas of interest in our community. Your feedback will help us identify what's working well and where there's room for improvement, so we can focus our efforts on the issues that matter most to you.

We are committed to making Beachwood an even better place to work, live, learn, and thrive, and your participation in this survey is crucial to that goal. Your opinions will guide our decisions and shape the future of our community. Together, we can continue to create an environment responsive to resident needs.

Complete your survey at BeachwoodOhio.com/SatisfactionSurvey or scan the QR code by Sept. 30.



STAY ENGAGED IN YOUR COMMUNITY:



Meeting agendas, minutes including legislation, live and recorded meetings are available on our website at BeachwoodOhio.com or please attend an upcoming meeting.

PICKLEBALL COURT RESERVATION SYSTEM FOR RESIDENTS

As we look to provide the best possible experience for resident pickleball court reservations, we'd like to introduce you to the new Your Courts platform and free booking available to city residents.

Beachwood residents have the exclusive benefit to reserve pickleball courts at no cost following verification of residency at Beachwood City Hall. To receive your reservation credentials (username and password) to the new Your Courts platform/app, please present proof of residency (driver's license and utility bill) inperson at the City Hall front desk.

Residents will receive an email confirmation after successfully reserving a court. If someone is playing on the court you reserved, please politely show them the email confirmation that you received. If you booked a court reservation and are unable to use it, please log into your account and delete the reservation.

Your Courts is available via YourCourts.com or a mobile app that can be downloaded at no cost from the Apple or Android store. The court reservation schedule is updated in real-time, 24/7, at BeachwoodRec.com or by logging into the Your Courts account. Unreserved courts will operate on a first come, first serve basis. We look forward to activating your account at City Hall!

Resident Reservation Guidelines:

- Residents can reserve a court for up to 90 minutes at no charge.
- Courts may be reserved up to four days in advance but not less than four hours prior to the reservation for a same-day booking.
- One reservation per day and a maximum of three weekly reservations per household.







Work-Live-Learn-Thrive

PUBLIC WORKS VISITS LOCAL PRESCHOOL

The Beachwood Public Works Department brought big trucks and even bigger smiles to the preschoolers at Ganon Gil Preschool.

Public Works Superintendent Chris Vild, City Arborist Matthew Markiewicz, and City Laborers Matt Olson and Mat Atkinson enjoyed demonstrating our tree bucket truck, rubbish truck, and dump truck. Thank you, Ganon Gil, for the warm welcome and the chance to showcase a small portion of our fleet!



A birds-eye bucket truck view!



Public Works Superintendent Chris Vild discussing recycling.

RECTANGULAR RAPID FLASHING BEACON PROJECT

The existing crosswalks at Fairmount and Shakercrest boulevards and George Zeiger Drive near The Vantage will be equipped with flashing



beacons. The lights are a part of the pedestrian safety traffic program. The installation is expected to start the first week of October and take 30 days to complete.

Example photo of a rectangular rapid flashing beacon to improve pedestrian safety.

SAFETY TOWN GRADUATES SHINE

August 2 was a proud moment as over 30 incoming kindergarteners graduated from Beachwood Safety Town! These young graduates showcased their new safety skills and knowledge, impressing friends and family with their demonstrations. Congratulations to our Safety Town graduates and thank you to everyone who contributed to their success throughout the weeklong program!



Safety Town's 2024 graduates with Mayor Justin Berns, city officials, and program voluteers

LABOR DAY
HOLIDAY HOURS:

City Hall will be closed on Monday, Sept. 2, in observance of Labor Day. The Beachwood Family Aquatic Center will be open. Rubbish and recycling will be delayed one day for the week of Sept. 2 only.

COMMUNITY COMPLIMENT

"In our house, my fiancé and I are passionate cheerleaders of Beachwood. This summer, we're so proud of our public servants for a 2024 already full of accomplishments. We extend an enthusiastic THANK YOU: Build and launch of the new playground, on-time and in-budget; Maintenance of our Aaa bond rating for over 15 years, an achievement maitained by very few

municipalities in Ohio; Securing the Fairmount
Temple property, a strategic acquisition enabling
continued investments in public assets for ALL
Beachwood residents." Photo: Luke Taylor



Luke Taylor, Resident

PARKING LOT RESURFACING

The repaving of Beachwood City Hall's parking lot is complete. Work continues with the repaving of the Community Center lot. This portion of the project includes a new asphalt path providing access to the Community Garden, pickleball, tennis, and volleyball courts. The project's next phase is to resurface the main parking lot of the Beachwood Family Aquatic Center after BFAC closes for the season. This project's logistics were coordinated with residents and community services patrons in mind. Public Work's goal is to minimize disruptions to amenity access. This comprehensive project remains on schedule and within budget. We appreciate your patience as we make these infrastructure improvements.



FINAL FREE COMMUNITY SHRED DAY OF 2024

Bring personal documents, mail, and files to have them shredded on-site. This is a free service for Beachwood residents! Proof of residency (driver's license) is required. Please use paper bags and banker boxes only; no plastic grocery bags.

A Recycling Awareness Grant from the Cuyahoga County Solid Waste District supports this community service.

Join us Sunday, Sept. 8, from 9 a.m. to noon in the Beachwood Community Center parking lot, rain or shine.



Beachwood



ONLY THESE ITEMS GO IN YOUR RECYCLE CAN

If an item is not listed to the right, it is not recyclable in Beachwood's curbside program. Don't be a wish-cycler; This is when non-recyclable items are placed in the recycle can with hope they will be any wish-cycling could be diverted to the landfill. In addition, the City of Beachwood could be charged a fee for the load contamination

Please help by doing your part to keep the City of Beachwood recycling fees low and assure all recyclables are processed properly.

Public Works will periodically check recycle can contents and give notices to those who are not compliant.



CANS Empty & Rinse



CARDBOARD



GLASS Empty & Rinse



PLASTIC BOTTLES & JUGS NEWSPAPER &



MAGAZINES



Empty, Rinse & Replace Cap

WHEN IN DOUBT, THROW IT OUT!

Please no "Wish-cycling" or bagged recyclables. If it is not specifically listed above, throw it out as contaminated loads lead to higher recycling

BEACHWOOD ART GALLERY: Northern Ohio Textile Artists | Sept. 12 - Nov. 16 | Artists' Reception - Sunday, Sept. 15, 1:00-3:00 p.m. Explore the inaugural exhibition organized by the Northern Ohio Textile Artists (NOTA).

HOUSEHOLD HAZARDOUS WASTE DISPOSAL PROGRAM

To help residents dispose of oil-based paint, pesticides, automotive fluids and other hazardous products found in the home, the Solid Waste District offers a countywide Household Hazardous Waste Disposal Program. Beachwood residents may deliver their household hazardous waste year-round to:

Public Works Department 23355 Mercantile Rd. Monday - Friday, 7:30 a.m. - 3:30 p.m.

The City of Beachwood can only accept hazardous materials that originate from a household. Examples of household hazardous waste include oil-based paint, solvents, used motor oil, automotive fluids, aerosols, lawn and garden products, pesticides, pool chemicals and household cleaners. Latex paint is not accepted.

Dried-out paint cans, empty aerosol cans and other empty containers can be placed in the regular trash for disposal. Empty motor oil and antifreeze jugs may have residue of the hazardous materials they held and should be placed in the trash, not recycling, for proper disposal.

Before disposing of products, consider donating usable materials to a friend, neighbor or organization. For more info, visit BeachwoodOhio.com/PublicWorks.

FALL LEAF PICKUP

Loose-leaf pickup begins the week of Sept. 23 and, weather permitting, runs through mid-December.

- · Leaves need to be raked into piles on the tree-lawn.
- · Keep piles free from other debris such as grass, trees or branches.
- · Vehicles parked on the street may impede the city's ability to collect leaves.





FREE COMPOSTING PROGRAM

Beachwood's partnership with Rust Belt Riders allows residents to minimize food waste and promote sustainability in the city. Rust Belt Riders composting service is available for free to all Beachwood residents. Food scrap collection bins are co-located with the public recycling bins currently in the Beachwood High School parking lot. The Public Works Department will replace the bins behind the Community Center upon completion of the parking lot repaving project.

It's simple! Sign up, collect scaps, drop them off and repeat. Registration is required. For more information and to sign up, visit our website at BeachwoodOhio.com/Composting.

SEPTEMBER RECREATION GUIDE



KICKOFF CONCERT & FIREWORKS, SEPT. 28

Beachwood's 7th Annual Fall Festival is set to kick off on Saturday night, Sept. 28, with a family-friendly concert headlined by Boy Band Review and a fireworks display for the grand finale! Boy Band Review, hailing from Chicago, Illinois, will capture hearts with the best of NSYNC, Backstreet Boys, New Kids on the Block, One Direction, and more of your boy band favorites.

The concert begins at 7:30 p.m. on Sept. 28 outside the Beachwood Community Center. Admission is free, and the event promises a welcoming atmosphere for all ages. Snack vendors will be available with refreshments for purchase. Please bring your own chair or blanket for seating. For more details, visit BeachwoodRec.com.





THERE'S NO PLACE LIKE BEACHWOOD COMMUNITY THEATER

Follow the yellow brick road to Beachwood Community Theater's latest youth production, *Wizard of Oz Ir.*! Just like Dorothy and her friends, theater enthusiasts ages 7-17 will embark on a journey to develop their performance technique, improve audition skills, and build confidence that extends beyond the stage. Along the way, participants will find their courage, heart, and brains, all while having loads of fun, led by Casting Director Julie Matthews and Musical Director Debi Lewin of Marquee Showcase Productions.

All youth participants are guaranteed a spot in the show, but auditions will be held to assign roles. Rehearsals will take place over seven weeks, from Sept. 25 through Nov. 6, on Wednesdays from 5:00-7:00 p.m. at the Beachwood Community Center. Performances will be held on Nov. 9 and Nov. 10 at Beachwood Middle. Additional rehearsals may be required based on the role.

Open to residents (\$300) and non-residents (\$360), so invite a friend! Now click your heels together and join us, because there's no place like Beachwood Community Theater! Visit BeachwoodRec.com to register.



UPCOMING PROGRAMS

- Israeli Dancing (Adults)
 Monday, Sept. 9-Oct. 14, 6:30-8:00 p.m.

 Beachwood Community Center
 Residents \$56, Non-Residents \$67
- Storybook Dance (Ages 3-5)
 Tuesday, Sept. 10-Oct. 22, 3:00-3:45 p.m.
 Fairmount Early Childhood Center
 Residents \$138, Non-Residents \$163
- Upcycle Academy Fashion (Grades K-2)
 Wednesday, Sept. 11-Oct. 16, 3:25-4:25 p.m.
 Bryden Elementary School
 Residents \$150, Non-Residents \$180
- Upcycle Academy Fashion (Grades 3-5)
 Wednesday, Sept. 11-Oct. 16, 2:45-3:45 p.m.
 Hilltop Elementary School
 Residents \$150, Non-Residents \$180
- Creative Brain & Body Boosts (Seniors)
 Friday, Sept. 20-Oct. 25, 11:00 a.m.-Noon Beachwood Community Center
 Residents \$78, Non-Residents \$94
- Fall Floral Arranging (Adults)
 Sept. 25 (1:30 p.m.) or Sept. 26 (7:00 p.m.)
 Beachwood Community Center
 Residents \$90-\$150, Non-Residents \$150-\$180
- Beachwood Elite Wrestling (Grades 1-6)
 Monday/Thursday, Beginning Oct. 28, 6:00 p.m.

 Beachwood High School
 Residents \$100, Non-Residents \$120

BEACHWOOD SENIORS

UPCOMING PROGRAMS & TRIPS

- Music Appreciation with Marshall
 Mondays & Wednesdays, Sept. 4-Sept. 18, 2-3 p.m., Community Center
 Residents \$50, Non-Residents \$60, Register by Sept. 3.
 Join Marshall Griffith, composer-pianist and music educator, for an
 adventure in music appreciation. The program includes live performances
 covering different eras of music each session. Register at BeachwoodRec.com.
- Intergenerational Experiences: Grapevine Bracelet Making
 Sunday, Sept. 15, 1-2 p.m., Community Center
 Residents \$40, Non-Residents \$48, Register by Sept. 3
 Enjoy an intergenerational experience alongside a special youngster in
 your life! Cleveland Rocks and Beads will be here to walk us through
 creating a grapevine bracelet. It can be made for any size wrist and worn
 by everyone. Child must be 8 or over. Register at BeachwoodRec.com.
- Family Recipe Book
 Saturday, Sept. 21, 10 a.m.-1 p.m., Community Center
 Residents \$125, Non-Residents \$150

Who's Managing Your Life (WMYL) Publishing will help us craft the stories behind our favorite recipes into a book! Includes recipe sharing, interview, photography and the printed book. Register at BeachwoodRec.com.

SEPT. MEET & EAT

Musician Extraordinaire Thursday, Sept. 19, at Noon Beachwood Community Center

Residents \$13 Non-Residents \$16 Program Only \$5

Register by Sept. 12.

Singer/pianist Carl Fernstrum will be performing music from The Great American Songbook. Experience Carl taking you through the decades of the 20th century with music from Irving Berlin, George and Ira Gershwin, Cole Porter, Rodgers and Hammerstein, Lennon and McCartney, Billy Joel, and Elton John, just to name a few!

Meal choices include macaroni & cheese or vegetarian chili. All entrees served with a bread selection, side salad, beverage, and dessert.

Oct. Meet & Eat (10/17): Enjoy the talent of Beachwood's Suburban Symphony Orchestra!

Register for events at BeachwoodRec.com, City Hall or call 216.292.1970.

Where Business Is Booming!

THE LATEST NEWS FROM ECONOMIC DEVELOPMENT

BUSINESS SPOTLIGHT: MILLENNIUM CONTROL SYSTEMS

Millennium Control Systems is a light manufacturing company specializing in engineered control systems, software automation, and energy solutions for various industries. Founded by automation experts in 1997, Millennium Control Systems is successful in many fields but consistently focuses on manufacturing, power, and energy, with consistent attention to glass, building materials, metals, tires, and rubber.

The company has outgrown its longtime home in Eastlake and is moving three separate locations to a single Beachwood facility. They will operate out of a building at 23550 Commerce Park that is owned by Industrial Commercial Properties (ICP). The new building has 115,000 square feet of space, about triple the space Millennium had in Eastlake.

Mayor Justin Berns is looking forward to the contributions Millennium will make to the city. "We are thrilled to welcome Millennium Control Systems to Beachwood. Their expertise in engineered control systems, software automation, and energy solutions aligns perfectly with our city's commitment to innovation and industry growth," he stated.

Mayor Berns credits Economic Development Director Cathy Bieterman with leading the charge on Millennium's move. She worked with ICP and engaged with JobsOhio, Team NEO and Cuyahoga County. He said the collaboration "convinced Millennium that the Beachwood location was their best option." Millennium is committed to bringing 70 new jobs and \$6 million annually in total new payroll as a part of this project along with an additional \$2 million in anticipated building improvements. In a July 15 meeting, Beachwood City Council approved a resolution to provide a 40% Job Creation Tax Credit for six years and a \$100,000 Occupancy Loan forgiven based on the relocation, payroll revenue and committed investment in building improvements.

Terry Dilisio, Millennium's Director of Business Development, believes relocating the company to Beachwood will foster continued growth. "We're excited to start our next chapter of this journey and move our headquarters to Beachwood and enjoy all the amenities and synergies here in Beachwood. We look forward to growing together here with Beachwood."



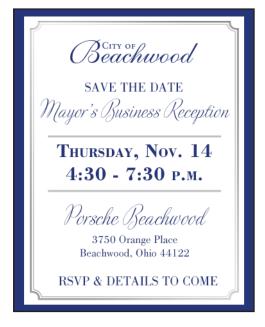
The future home of Millennium Control Systems at 23550 Commerce Park.

RESOURCE CENTER COFFEE HOUR

Beachwood's One-Stop Business Resource Center will host their next coffee hour conversation on Tuesday, Oct. 29, beginning at 9:00 a.m. at City Hall. Business leaders will have the opportunity to meet with the City of Beachwood Economic Development Director, the Beachwood Chamber of Commerce Director and the Collaborative Chambers of Commerce, including delegates from the French-American Chamber of Commerce and the British-American Chamber of Commerce, for a discussion on ways to support international and global operations. RSVP by emailing Economic Development Director Catherine Bieterman at catherine.bieterman@beachwoodohio.com.

REGENERATIVE COMMERCIAL OFFICE BUILDING LOAN PROGRAM

The City of Beachwood has established a commercial office building revitalization forgivable loan program. Applications are coming soon on our website at BeachwoodOhio.com/CommercialBuildingRevitalization.



ALWAYS BE AN INSIDER, STAY CONNECTED!

OFFICIAL SOCIAL MEDIA PAGES









Facebook Pages:

- @BeachwoodOH
- @BeachwoodPolice
- @BeachwoodFire
- @BeachwoodFire
- @BeachwoodOHRec
- @BeachwoodPublicWorks
- @BarkwoodDogPark

X Accounts:

- @BeachwoodOH
- @BeachwoodPolice

Instagram Account:

- @BeachwoodOhio
- LinkedIn Account:
- @CityOfBeachwood



UH After the Lights Injury Clinic: Immediate Care for High School Athletes

riday night high school football is a cherished tradition in Northeast Ohio, but injuries are an unfortunate reality. Historically, athletes and parents have faced the dilemma of what to do when an injury strikes on Friday night during a game. Should they wait until Monday to see a specialist or head to the emergency room? University Hospitals After the Lights Injury Clinic offers a solution.

Open every Friday night from 8 p.m. – midnight this fall, the clinic provides immediate orthopedic care for athletes ages 14 years and older. Located at the UH Drusinsky Sports Medicine Institute on the second floor at the UH Ahuja Medical Center, the clinic brings the same level of expert care typically reserved for professional athletes to the high school level.

"We understand the anxiety that comes with a sports injury, especially during a Friday night game," says Dr. Michael Salata, Director of the Drusinsky Sports Medicine Institute and the Joint Preservation and Cartilage Restoration Center at UH Cleveland Medical Center. "Our After the Lights clinic provides immediate access to specialized care, giving athletes and their families peace of mind knowing expert help is just a short drive away."

As the official healthcare provider of the Cleveland Browns, UH Drusinsky Sports Medicine Institute delivers exceptional care to athletes of all levels – from Pee Wee to the Pros. Now, high school athletes can experience the same elite treatment at the After the Lights Injury Clinic at University Hospitals Drusinsky Sports Medicine Institute.

"One of the advantages in providing care for professional athletes is we routinely take care of severe injuries under high pressure and utilize cutting edge technologies," said Dr. Salata.

"One of the advantages in providing care for professional athletes is we routinely take care of severe injuries under high pressure and utilize cutting edge technologies," said Dr. Salata. "This helps us stay ahead of the game and provide the best care for patients that come to UH, no matter what level of competition they compete at."

The clinic operates as a walk in service so there is no need to make an appointment.

For orthopedic injuries that occur during the week, UH provides orthopedic urgent care for broken bones, strains/sprains, and more at eight Orthopedic Injury Clinic locations across Northeast Ohio. To find an Orthopedic Injury Clinic close to home, visit UHhospitals.org/ Ortholnjury.

For more information about the After the Lights Clinic, including location and services, please visit UHhospitals.org/.



Why Choose an Injury Clinic

- Urgent orthopedic care for athletes 14 and older
- · Walk-in, after-hours appointments
- Care delivered by sports medicine experts
- Significant cost savings when compared to an ER visit

Orthopedic Injuries We Treat

Some of the orthopedic and sports injuries we treat include:

- ACL tears / knee pain
- Broken bones
- Dislocations
- Joint injuries
- · Muscle injuries
- Sports injuries
- · Sprains and strains
- Tendon and ligament injuries

Location

UH Drusinsky Sports Medicine Institute UH Ahuia Medical Center

3999 Richmond Rd. 2nd Floor, Suite 2700 Beachwood, OH 44122

Adam Brown Named Partner at Zukerman, Lear & Murray Co., L.P.A.

dam Brown, Beachwood High School graduate, class of 2007, went to work at Zukerman, Lear & Murray Co., L.P.A. in 2014, after graduating from The Ohio State University Moritz College of Law, and was recently named partner. Prior, he graduated from Ohio University with a major in music production and a minor in music.

"Time and again, Adam has demonstrated his exceptional legal abilities to advocate for, and defend the rights of our clients. His thoroughness, dedication, creativity and sharp legal mind are essential aspects of our firm and the results that we deliver for our clients," said Larry W. Zukerman, managing partner. "His commitment to success is unwavering and we could not be happier to have Adam as a named partner in our firm."

Adam was inspired by his parents to follow his path to become a lawyer. His father, Neil, also a lawyer, taught him at a young age to think and act logically and to use reason, as opposed to functioning on

emotion. "Basically, he helped me start to think like a lawyer," Adam said.

"My mother (Hazel), often by way of example, provided me with the passion necessary to argue my position persuasively," he added. "They both inspired me to enter law, in their own ways."

Adam also recalls an incident from middle school when several friends got in some minor trouble with the police. "I recalled wanting to be able to do something, anything, to try to help them," he said. "That incident and the feeling of helplessness always stuck with me for some reason."

Adam's longtime fascination with true crime, particularly

organized crime and fraud, along with the above-mentioned incident, inspired him to become a defense attornev.

He met Larry through Attorney Zachary Schiff, Adam's law school classmate and Larry's nephew.

"Zach knew that I was passionate about criminal law, so he introduced me to his Uncle Larry after we graduated from law school," Adam said. "The rest is really history. The nature, style, and subject matter of the cases we handle clicked with me immediately and I have never looked back.

"Criminal defense is not about defending an individual's actions or alleged actions, it is about defending an individual's rights under the state and federal constitutions," Adam explained. "In my opinion, criminal defense is the most interesting practice area. Truth really is stranger than fiction, I promise."

Adam told us that the best moments of his career are from cases that have never seen the light of day – cases that include criminal charges against clients that have been dismissed and expunged, or investigations that are ultimately dropped without charges being filed.

"Generally, though, I am most proud of saving people's lives," he reflected. "There have been countless cases where if not for my hard work and dedication, alongside the hard work and dedication of my colleagues, people would be sitting in a prison cell for the rest of their lives.

"On a more day-to-day level, it comes down to simply helping people resolve their legal conflicts in the most favorable way possible. I am most proud of helping clients."



Adam told us that each case presents its own unique challenges and no two cases are exactly the same. "We regularly encounter unfavorable evidence to overcome, outrageous allegations to disprove, or legal and procedural entanglements to unravel on behalf of our clients," Adam said. "Very little surprises me anymore and facing new challenges is simply part of the job."

Adam also said that Beachwood Schools played an integral role in his academic and professional successes. Only in hindsight was the high quality of education that he received in Beachwood truly evident to Adam, something for which he is very thankful.

"I will never forget teachers like Mrs. Hammack and Mr. Baker who did not just teach me content. but instead, how to effectively learn and retain information," he said. "In the course of my practice, I regularly use the skills that I learned in their classrooms and throughout my time as a Beachwood student."

Adam's specialties are criminal defense, civil litigation, professional licensure defense. and administrative defense. He is 35 years old and resides in Cleveland.

For more information, Adam can be reached at amb@zukerman-law.com.



Beachwood Schools to Dedicate Wrestling Room in Honor of Longtime Hall-of-Fame Coach Domenick lammarino

Beachwood Schools is proud to announce the dedication of its newly updated wrestling room in honor of Domenick lammarino, a longtime wrestling coach who has served the Beachwood community, Beachwood Schools, Bison Athletics, and Beachwood wrestling for 60 years. The dedication ceremony will take place on Sunday, Sept. 8, at 11 a.m., at the Beachwood High School Athletic Complex.

The ceremony will begin with a brunch, followed by remarks from school and city officials, alumni, former state champions and place winners, and coaches. Ryan Peters, Beachwood School's director of athletics, will lead a tour of the wrestling room and a signing of the new alumni board.

The newly named Domenick lammarino Wrestling Room recognizes the significant impact of Coach lammarino – affectionately known as "Coach I" – on the Bison wrestling program and the athletic department. "Coach lammarino is the most successful coach in Beachwood history," Ryan said. "His dedication and achievements have built a rich wrestling tradition in Beachwood Schools."

Coach lammarino's impressive coaching record includes producing 13 state champions, 13 state runnersup, and 22 district individual champions. He has been honored twice as Ohio Coach of the Year, inducted into the Ohio Wrestling Coaches Hall of Fame, and recognized as The Cleveland Plain Dealer's Seven-County Coach of the Year. Beyond wrestling, Coach lammarino has also coached high school cross country, football, and baseball. He currently serves as the head coach of the Beachwood Middle School cross country team and assistant middle school wrestling coach.

In addition to his coaching legacy, Coach lammarino dedicated 56 years as a



Beachwood High School educator, teaching business, typing, driver's education, and serving as a special education assistant.

Coach lammarino's impressive coaching record includes producing 13 state champions, 13 state runners-up, and 22 district individual champions.

The updated wrestling room will showcase Beachwood's wrestling history through a timeline spanning 1964 to the present. It will feature a wall mural highlighting all teams from 1964 to 2024, and state qualifiers and place winners. Enhancements to the room include inspirational quotes and a special area to honor and recognize alumni. A documentary on the history of Beachwood wrestling will be embedded into the wrestling room walls and posted online.

"We are excited to welcome alumni and families driving and

flying into town to honor Coach In addition to the dedication lammarino," Ryan added. "His ceremony, Coach lammarino influence has positively will be honored at the impacted countless varsity football game students and this on Friday, Sept. 6, at dedication shines 7 p.m. He will start a spotlight on his the game with the enduring legacy. His coin toss and will be coaching legacy has recognized at halftime, set the foundation and accompanied by Bison success for Bison wrestling state Athletics." champions. PEACHWOON WRESTLING



Bringing Joy Through Music: The Journey of Music4Connections

n 2017, two brothers, Edward and Evan Dan, embarked on a mission that would touch countless lives: They founded Music4Connections (M4C), an organization that now includes more than 90 passionate student volunteers.

Edward and Evan Dan were inspired to create M4C because they used to perform in the MacDowell Music Club of Canton and wanted to play closer to home. To get started, they played in senior venues to experiment with the pianos and see how they were received.

Early on, the following memory stood out: A lady with a British accent and misty eyes approached, handed them two one-dollar bills, and said, "Can I please have you both come back again? The music is so wonderful, but this performance was too short."

She paused, then added, "I'm not sure how much longer I have and I miss hearing classical music. I grew up listening to it often, but it's been a long while since I've heard it. Please, it would mean so much to me if you could come back."

That reinforced Edward and Evan's drive to recruit more musicians to participate and to lengthen their performances.

Their persistence paid off. Within a month, M4C held its first concert and continues to adapt and grow with the times.

Today, the organization includes students from Akron, Aurora, Beachwood, Gilmore Academy, Hawken, and Orange, and they perform in senior homes in Beachwood, Chagrin Falls, Macedonia, Mayfield Heights, and Twinsburg.

To date, M4C has performed for audiences at Beachwood Library, University Hospital's Healing Harmony program, the Beachwood Fall Festival, the Beachwood Sunday Concert Series, and various senior-living homes. And with each performance, the young musicians hone their skills, refine their technique, see their impact, sharpen their problem-solving skills, and spread joy.

Marie Smith, lead life enrichment coordinator of Residence at King David (formerly Menorah Park), said, "Myers Apartments' tenants enjoy intergenerational programming and look forward to hearing student musicians brought by M4C. The talent of these young musicians is stunning and the music itself is very enjoyable. The meet-and-greet time after the performances is truly the grand finale of the evening, as tenants and students alike enjoy

the opportunity to speak with one another. M4C does a phenomenal job of bringing all of this together seamlessly and we are grateful to have these musicians perform for our community."

Reflecting on this journey, Evan expresses gratitude to the audiences, parents, and teachers who support them. "The support that we receive and the experience we gain stimulates musical growth, which is evident based on the number of musical achievements earned." he said.

Evan, who has won a number of state and international piano competitions, including the OMTNA, Buckeye, Carmel Klavier International Piano Competition, and the Thomas F. Hulbert International Piano Competition, exemplifies this progress.

Chengyu Li, principal cellist in the Cleveland Orchestra Youth Orchestra, has also thrived, performing in the OMEA All-State Orchestra and the Northeast Ohio Regional Orchestra; and Michael Wu achieved 10 consecutive Superior ratings in Piano Solo auditions with the NFMC. He was also awarded three Federation Gold Cups, has become a key clarinet player in the Cleveland Youth Wind Symphony, and earned a spot in the Ohio All-State Band.

Looking toward the future, M4C remains committed to enriching lives through the power of music, eager to explore new opportunities and to continue making a positive impact.

These are a handful of accomplishments that highlight the dedication and talent within the M4C program, showcasing how the students have developed both individually and collectively.

Evan notes, "Our music becomes a bridge, connecting generations and creating a sense of community."

Looking toward the future, M4C remains committed to enriching lives through the power of music, eager to explore new opportunities and to continue making a positive impact.

The public can view past performance photos at fb.me/Music4Connections. M4C is welcoming more students to join the team. For more information, contact them at music4connections@gmail.com.



Young musicians spread joy when they share their music through Music4Connections.

Evan Dan • Piano

I am a Solon High School junior. Since the start of M4C, I've seen incredible growth in both the organization and its participants. Personally, I've experienced growth in my musicality, technique, and overall maturity. My love for music keeps me motivated to continue leading and contributing to this organization.

Seeing the growth of other students fuels my drive to push forward. Performance opportunities with supportive audiences offer invaluable motivation and every performance expands our confidence.

M4C has evolved from a passionate student club to an entire organization led by a team of leaders who work together to achieve our goals. Our strength as a team has enabled M4C to reach and inspire even more people, and our shared passion continues to drive us forward. We look forward to further building on our successes and continuing to share our passion for music.

Chengyu Li • Cello

This is my fourth year in M4C. Playing the cello for this club and occasionally accompanying younger performers on the piano has been quite an experience.

M4C is a journey of community service and connection. I moved to Beachwood in seventh grade and am now a high school senior. Through this program, I learned about Beachwood's senior campus on Cedar Road and am grateful for opportunities to connect with our senior neighbors.

We've made great strides in connecting, bringing joy, and healing through the power of music. M4C leads us on a journey of leadership and creativity. It fills me with pride to see our youngest members stepping up to make a difference. No matter our age, we all have something valuable to offer.

M4C is not just about performing; it is about leading, creating, and connecting. It transforms individuals and communities alike, leaving a lasting legacy of joy, compassion, and innovation. M4C is about spreading the magic of music through Beachwood and beyond.

Michael Wu • Piano and Clarinet

I am a senior at Gilmour Academy who joined M4C to share my passion for music with others. Over the past seven years, I've grown from a nervous participant to a confident leader.

One of my favorite aspects of M4C is the diversity and high caliber of our performers, a combination of top musicians and young performers who are just starting on their musical journey.

Another favorite aspect is working with our leadership team, an experience that boosted my communication skills with fellow leaders, peers, teachers, and others.

One of my most memorable experiences was hosting a 2023 New Year's Eve concert with Chengyu. After the event, an attendee said, "This experience reinforced my belief in the power of music to bring people together and create lasting memories."

Nothing makes me happier than seeing the joy music brings to others. It gives me a deep sense of fulfillment to know that I can make a difference in other people's lives.







Be sure to read You and Your Schools 2024 Popular Annual Financial Report

Packaged with this issue of Beachwood Buzz





Maltz Museum Presents

STOP THE HATE

SCHOLARSHIPS AND PRIZES for participating students

ANTI-BIAS EDUCATION FUNDING for participating schools



STOP THE HATE OPEN HOUSE

SEPTEMBER 11 AT 5PM

IN PERSON AT MALTZ MUSEUM

Join us as we kick off the 17th Annual Stop the Hate Program.

Hear from last year's finalists, meet our partners, learn how you can participate, and find out this year's prompt.

Register at maltzmuseum.org

The Maltz Museum Launches 2024-25 Stop The Hate® Contest With Open House on Sept. 11

The Maltz Museum's Seventeenth Annual Stop the Hate® program launches on Wednesday, Sept. 11, for the 2024-2025 school year. Stop the Hate provides a platform for Northeast Ohio students to speak out against hate while competing for \$100,000 in scholarships, grants, and prizes. The program is open to students and schools in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Mahoning, Medina, Portage, Stark, Summit, Trumbull, and Wayne counties – and new this year, Ashland, Erie, and Huron counties.

The Stop the Hate program provides educational resources, workshops, and two contests: Youth Speak Out, an essay writing contest, and Youth Sing Out, a songwriting contest. Both give Northeast Ohio students in sixth-12th grade a way to paint their vision of a more accepting, inclusive society and speak out against bias and bigotry as they compete for awards.

The program provides students with tools to explore what it means to be a bystander, upstander, or perpetrator, while examining events like the Holocaust, the Civil Rights Movement, and more. Reflecting on this history, students explore their own experiences with bias and discrimination, then consider how they can be leaders in creating positive change in their communities.

Winners of the Youth Speak Out essay contest are awarded with individual awards and trophies, and their schools receive anti-bias education grants. Winners of the Youth Sing Out song contest receive antibias education grants.

Educators in Northeast Ohio, dedicated to anti-bias education and learning in their school communities, can apply for one of three anti-bias community grants. Each grant is \$6,000. Applications are open to all educators within the program's 15-county reach.

In 2025, the total amount of scholarships, prizes, and anti-bias education grants awarded through the contest to Northeast Ohio students, teachers, and schools will be \$1.7 million.

The Maltz Museum's Stop the Hate program is made possible through the generous support of board and committee members, volunteer readers and judges, sponsors and partners, and our members and visitors.

For more information about the program please visit Learn. maltzmuseum.org or contact education@mmjh.org.

Stop the Hate Open House • Wednesday, Sept. 11 • 5-7 p.m. Maltz Museum • 2929 Richmond Rd. • Beachwood

Join the Maltz Museum team as we kick off the Seventeenth Annual Stop the Hate Program. Northeast Ohio students, parents, and educators committed to creating a more inclusive society will hear keynote speaker, Kerrie Taber, share a personal story about her Lithuanian grandfather's actions during World War II. Kerrie has come to realize that to stop the spread of hate, we need to respond to hate in our own communities. Come listen as she explains how, meet our partners and 2024 finalists, get information about this year's program, explore the museum, and more!

Domestic Violence Awareness Month: Taking a Stand in September

ASK JFSA JFSA CLEVELAND

Every September, communities across the nation come together to observe Domestic Violence Awareness Month, a time dedicated to raising awareness about the pervasive issue of domestic violence and promoting efforts to end it. This month serves as a crucial reminder of the importance of education, support, and action in the fight against domestic violence.

Domestic violence, encompassing physical, emotional, and psychological abuse, affects individuals of all ages, genders, and backgrounds. It not only harms victims but also leaves lasting scars on families and communities.

Why Awareness Matters

Raising awareness is the first step toward change. Through education and open dialogue, we can break the silence that often surrounds domestic violence. Awareness dispels myths, reduces stigma, and informs the public about the signs of abuse and the available support systems. Knowledge empowers individuals to seek help and supports communities in building a culture of zero tolerance toward violence.

How You Can Help

- Educate Yourself and Others: Learn about the signs of domestic violence and share this knowledge with friends, family, and colleagues. Understanding the issue is crucial to recognizing and addressing it.
- **Support Local Organizations**: Many nonprofits and local shelters work tirelessly to support victims of domestic violence. Volunteering your time, donating resources, or participating in fundraising events can make a significant impact.
- Advocate for Change: Use your voice to advocate for policies that protect victims and hold abusers accountable. Contact your local representatives to support legislation aimed at preventing domestic violence and providing necessary resources for survivors.
- Offer Compassion and Support: If someone confides in you about their experience with domestic violence, listen without judgment and offer support. Encourage them to seek professional help and provide information about local resources.

Resources and Support

If you or someone you know is experiencing domestic violence, JFSA can help with immediate assistance for those in need. In addition, the National Domestic Violence Hotline provides 24/7 support at 1.800.799.SAFE (7233) or through their website at www.thehotline.org.

Together, we can make a difference. By standing united and taking action, we can create a world where domestic violence is not tolerated, and every individual can live in safety and peace. This September, let's pledge to raise awareness, support survivors, and work toward ending domestic violence for good.



JFSA's Domestic Violence Services are available free of charge. If you would like more information, contact Mae Bennett, LISW-S, at mbennett@jfsa-cleveland.org or 216.378.8675. If you would like to submit a question to "Ask JFSA", email it to info@jfsa-cleveland.org.



JFSA's **Caring at Home** services can help you help your parents with cooking, shopping, laundry, housekeeping, as well as their bathing, grooming, and dressing needs. We can also help with post-hospital recovery and rehabilitation. You don't need to do this alone.

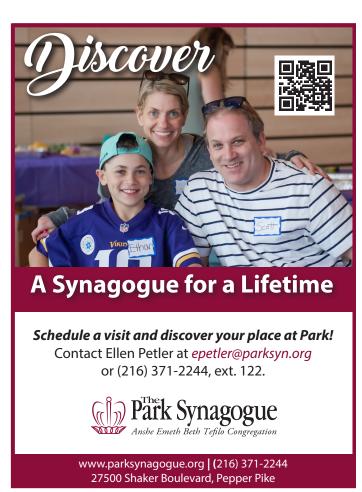
We can help.

Call **216.378.8660** today for a free assesment, or visit **jfsa-cleveland.org**.





JFSA Cleveland helps individuals and families with solutions to face life's challenges with confidence.



Check Out Park Synagogue

Looking for a place to connect with others and explore your Jewish roots? Check out Park Synagogue in Pepper Pike! For over 150 years, Park has been a hub for community, spirituality, and friendship.

At Park Synagogue, there's something for everyone. Whether you're interested in lively Shabbat services, educational programs for your kids, or just looking to meet new people, you'll find it here. We

offer a wide range of activities, from adult education and social events to youth programs and community service opportunities.

Park Synagogue isn't just a place to worship – it's a place to belong. If you're new to the area or just looking to reconnect with your faith, we'd love to have you join our friendly and inclusive community. Stop by and see what makes Park Synagogue such a special place. We can't wait to meet you.





Jamerican Kitchen Cafe Ribbon Cutting

american Kitchen Cafe, a vibrant culinary destination that has been J serving delicious fusion cuisine since 2017, is now open in Beachwood.

Owner Sidonna Turner told us that cooking is her passion. "Cooking for others is my expression of love," she said.

On Aug. 1, she and her team hosted a ribbon-cutting ceremony to officially mark the opening of Jamerican Kitchen. In attendance were Mayor Justin Berns; David Lapierre, Beachwood Chamber of Commerce director; Catherine Bieterman, City of Beachwood economic development director; family, and friends.

"Our restaurant and cafe blend Jamaican and American flavors to create a unique and exciting dining experience," Sidonna said. "From flavorful jerk chicken to mouthwatering stewed oxtails, our diverse menu offers something for everyone."



Sidonna and her son, Cornelius Turner Jr, cut the ribbon, after Mayor Justin Berns presented a City Proclamation to officially open Jamerican Kitchen Cafe in Beachwood. Photo by Scott Morrison, Discovery Photo.

Jamerican Kitchen was formerly located on Taylor Road in Cleveland Heights.

"I live in Beachwood, wanted my restaurant in Beachwood, and found the perfect location

at 3365 Richmond Rd., Suite 125," Sidonna said.

Restaurant hours are Monday through Saturday, 7 a.m. - 8 p.m. For more information, visit jamericankitchen.com.

11/1/1/ Kickoff Fall Fest With A Blast; Concert and Fireworks On Sept. 28

Hailing from Chicago, Boy Band Review has captured the hearts of fans and transported audience members back in time with the best of NSYNC, Backstreet Boys, New Kids on the Block, and more! On Saturday, Sept. 28, they'll hit the stage to kick off Beachwood's Seventh Annual Fall Festival, presented by Crestmont, at 7:30 p.m., outside the Community Center.

Before we say Bye Bye Bye at the end of the night, we'll cap off the evening with a blast - a spectacular fireworks show. Admission is free. Snacks and refreshments will be available for purchase.

Please bring your own chairs. For more information, see page 28 or visit BeachwoodRec.com.





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Beachwood Schools Welcomes New Staff

Beachwood Schools recently welcomed more than 20 new members to Team Bison. As part of their orientation, the new hires enjoyed a guided bus tour of Beachwood led by Superintendent Dr. Robert Hardis. Please welcome the new staff members to join Beachwood Schools as of press time:

- Caylin Anderson-Hall, Kindergarten Teacher at Bryden
- LaKeisha Austin, Special **Education Assistant at** Fairmount Preschool
- Larry Braxton, Bus Driver
- Robert Conner, Bus Driver
- Jermaine Davis, Bus Driver
- · Nikole Delman, Fourth Grade Teacher at Hilltop
- Kyla Demmel, Special Education Assistant at the Middle School

- Maurissa Ellis, School Nurse at Hilltop and Beachwood Middle School
- Nicole Episcopo, Anatomy/ Physiology and Biology Teacher at the High School
- Alexes Fletcher, Special **Education Assistant at Hilltop**
- Alexa Fryberger, Math Teacher at the High School
- Jeremy Hunter, Director of **Education & Technology**
- · Ivah Kurzhals, Occupational Therapist
- Aurora Larrison, Library/ Media Assistant at Hilltop and Bryden
- Danyelle Nall, Special Education Assistant at Bryden
- · Joshua Orr, Intervention Specialist at the High School
- · Amy Pinney, Hilltop **Elementary Principal**
- · Hannah Richardson, Intervention Specialist at the High School

- Marquiza Russell, Science Teacher at the High School
- · Brandy Thomas, Math Teacher at the High School
- Tara Trivisonno, Fifth Grade Teacher at Hilltop
- · Rose Wiley, School Psychologist at Bryden and Hilltop



Are you ready to make a difference at Beachwood Schools? Browse career opportunities at www. beachwoodschools.org/careers.



Beachwood Schools welcomed 20 new staff to Team Bison. During their orientation, they were introduced to our vibrant community while on a bus tour.



At Congregation Mishkan Or, "Dwelling Place of Light," we are creating an innovative, multi-generational Reform Jewish Congregation that warmly welcomes everyone and ignites engagement through robust offerings as a vibrant, spiritual community.

We invite you to:

Celebrate Shabbat with us on Friday evenings at 6 pm, in person or virtually Learn more about our engaging Limmud Learning Program for students from Pre-K - 12th grade

Meet our amazing clergy team: Senior Rabbi Robert Nosanchuk, Rabbi Joshua Caruso, Rabbi Yael Dadoun, Rabbi Roger C. Klein, Cantor Vladimir Lapin, Rabbi Elle Muhlbaum, Cantor Kathryn Sebo, Senior Rabbi Emeritus Rabbi Richard A. Block, Cantor Laureate Sarah J. Sager

You Belong at Mishkan Or

To learn more, visit mishkanor.org, join us at Shabbat Services on Fridays at 6 pm, or call us at 216-831-3233.

Photos courtesy of Mariana Edelman Photography & Design, and Shiny Penny Studios

Congregation Mishkan Or | Jack & Lilyan Mandel Building | 26000 Shaker Blvd., Beachwood, OH 44122

Seeds of Literacy Adult Education Tutoring Opportunities

shocking 66% of adults in Cleveland are functionally illiterate, struggling with tasks like reading medical instructions, running a household, and helping their children. They may struggle to advance at work or even get a job.

Recognizing that it is *never* too late to graduate, Seeds of Literacy offers individualized GED and basic adult education through one-to-one tutoring. Each year, this award-winning program serves over 1,500 adults on the path to earning their high school equivalency.

Students range in age from 18 to 80s, but most are in their 30s and 40s, having been out of school for 20+ years. Because traditional classroom models failed them, "classes" at Seeds are individual tutoring sessions offered four days a week, morning, afternoon, and evening. Our Virtual Classroom operates on the same schedule using Zoom.

Our program is 100% *free* for students and relies on volunteer tutors. You're probably thinking, "Me? Tutor? I would, but ...

- "I'm not a teacher." You don't have to be! We have tutors from all professions. Training and ongoing workshops are provided.
- "I don't have time." A session is just two hours, only 1% of your entire week. You can tutor as often as you like, at times and days that fit your schedule.
- "I don't remember the quadratic equation ... or much else from high school." Most students have been out of school for a long time, too. They appreciate when you learn alongside them.
- "I'm not a math person."
 That's okay! You tutor only the subjects you want, at the levels you choose.

"I don't know how to make lesson plans."
 Seeds provides the study materials for each student each day.

Tutor training is offered almost every month. To sign up and learn more, visit www.seedsofliteracy.org/tutor or email volunteering@seedsofliteracy.org.



Seeds of Literacy graduates.



SEEDS WEST 3104 W. 25th St., Ste. 3 Cleveland, OH 44109 SEEDS EAST 13815 Kinsman Rd. Cleveland, OH 44120 VIRTUAL CLASSROOM via Zoom Anywhere in the world 216.661.7950 seedsofliteracy.org/**tutor**



Yarn Over Beachwood

Participants of Yarn Over Beachwood knit, crochet, and loom items for different organizations and charities throughout Northeast Ohio. The group shares ideas, patterns, projects, websites, links to patterns, and more. Meetings are held the first Friday of each month from 10-11:30 a.m. at the Beachwood Library. Upcoming meetings are Sept. 6 and Oct. 4.

Participants create varied projects, including hats, scarves, bunnies, bears, lapghans, soap sacks, and more – and yarn donations are always welcome!

To participate or donate yarn, contact Iris November at lbrtyclub@gmail.com or 216.375.9111.

Items for winter and the holidays are always needed.



InMotion Wellness Workshops

InMotion leads the way in offering community-based wellness for people with Parkinson's disease by providing healing arts, physical wellness, education, support, and symptom-specific programs to help its clients feel better every day. It serves clients at its Beachwood location and remotely via Zoom. As a nonprofit 501(c)(3) organization, InMotion relies on generous donors to offer its programs at no cost to its clients.

InMotion is once again offering monthly interactive wellness workshops, facilitated by Mary Fisher Bornstein, LISW-S, and Betsy Kohn, M.A., P.C., both of whom have extensive experience in mental health and working with individuals with chronic disease. Each workshop includes open discussion and

dialogue with an opportunity for questions and answers. These workshops are free and open to all InMotion clients and care partners. Advance registration is encouraged. To become an InMotion client and to register for InMotion wellness workshops, please contact Erin Shelton at eshelton@beinmotion.org or at 216.342.5786.

September Workshop Wednesday, Sept. 4 • 1-2 p.m.

Participants will receive information on how to create their own self-care plan.

October Workshop Wednesday, Oct. 30 • 1-2 p.m.

Participants will focus on techniques to manage fear and anxiety, which are often difficult emotions to acknowledge and express.

For additional information about InMotion, please visit www.beinmotion.org.

If your organization would like more information about Wellness Workshops, please contact Mary Fisher Bornstein at borny10@aol.com or Betsy Kohn at BetsyKKohn@gmail.com.

InMotion leads the way in offering communitybased wellness for people with Parkinson's disease by providing healing arts, physical wellness, education, support, and symptomspecific programs to help its clients feel better every day.

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Beachwood High School Unveils New Cell Phone Policy

In a move to enhance student focus and engagement, Beachwood High School has implemented a new cell phone policy for the 2024-2025 school year. This initiative aims to create a more conducive learning environment by limiting cell phone and smartwatch use during instructional periods. Students will still be able to access their devices between classes and during lunchtime.

This policy aligns with House Bill 250, which mandates public schools to limit cell phone use by students during the school day to enhance classroom focus and reduce distractions.

"By limiting cell phones and smartwatches during class, students can fully engage with the lesson," explains Beachwood High School Principal Paul Chase. "Our pilot program last year showed promising

results, and our staff is strongly supportive of this initiative."

Under the new policy, when students enter a classroom, they will place their cell phones and smartwatches in a designated storage pocket for the entire period. For restroom breaks or other necessary exits during instructional time, students will use their cell phones for the high school's digital hall pass system, which allows students to sign out digitally before leaving the classroom.

"The main issue with cell phone use in the classroom is that it creates significant distractions," Mr. Chase explains. "Students feel the urge to check their phones constantly."

A 2023 report from Common Sense Media found that teenagers receive a median of 273 notifications a day, with nearly a quarter occurring



during school hours. Such digital distractions have been linked to lower academic performance and mental health issues among students.

Mr. Chase says the district will closely monitor the effectiveness of the policy through data on disciplinary referrals, grades, and test

scores, but he is optimistic about the potential benefits. "We believe this change will positively impact student engagement and learning outcomes," he says. "However, its success will really come down to the support and collaboration of parents, staff, and students."



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Beachwood Chamber of Commerce

Business to Business Expo and Women's Entrepreneur Summit

The Beachwood Chamber of Commerce will be hosting a Business to Business Expo and Women's Entrepreneur Summit on Wednesday, Oct. 9, 1-6 p.m., at Tri-C Corporate East. Sponsorships and vendor opportunities are available!

This expo and summit will provide access to a wealth of resources, insight, and opportunities to enhance professional growth. Benefits of being a sponsor or vendor include:

- Networking with fellow business owners
- Accessing industry experts
- Discovering new business opportunities

Beachwood B Chamber of Commerce

- Participating in empowering break-out sessions
- Listening to inspiring stories from female entrepreneurs
- Accessing mentors and support
- · Becoming involved in our community
- Celebrating the Beachwood business community Visit www.beachwood.org today for details. Booth space is limited. The early bird prices are in effect through Sept. 9.

Cleveland Senior Network Senior Wellness Expo, Halloween 2024

Cleveland Senior Network and premier sponsors, Right at Home and Five Star Clinical Solutions, will be hosting a Senior Wellness Expo at the **Beachwood Community Center** on Thursday, Oct. 31, from 10 a.m. - 2 p.m.

This event, free and open to seniors in the community, will feature wellness checks, short presentations by experts on aging gracefully, vendors, prizes, a raffle, and a costume contest. The Ashton at Mayfield Heights will be the lunch sponsor.



Register early! Those who pre-register by Tuesday, Oct. 8, will receive an extra raffle ticket. Register by emailing Shalom@ OhioSeniorCare.net or by calling Right at Home at 216.752.2222.

Additional details to follow next month.









The Beachwood Schools Foundation (BSF) is now working toward making the 2024-2025 school year its most active year yet. To kick off the year, the community is invited to attend BSF's second annual Tailgate and FUNdraiser on Friday, Sept. 20, 7 p.m., at Beachwood High School. Join the celebration and stay for the evening football game to cheer on the Bison to victory!

Beachwood Library Happenings

September StoryWalk® **Beachwood City Park East**

In honor of National Library Week, the September StoryWalk title is, A Love Letter to My Library, written by Lisa Katzenberger, illustrated by Rob Sayegh Jr.

The story is about children in the community who express gratitude for their local library's fun activities and inclusive space.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg-Hubbard Library to help build childrens' interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Anne.

Storytimes run Sept. 3 through Nov. 30. For details, visit https://cuyahogalibrary.org.

Kindergarten Countdown

Children entering kindergarten next fall and their caregiver Thursday, Sept. 5 • 4-5 p.m.

Join us as we help your child build kindergarten readiness skills in a program aligned to Ohio's Early Childhood Standards. Registered event.

Picture Book Play

Ages Pre-K – second grade with a caregiver Monday, Sept. 9 • 4-5 p.m.

Enjoy activities and crafts inspired by favorite picture books. Registered event.

Read & Wonder Book Club

Grades 1-4

Tuesday, Sept. 10 • 4-4:45 p.m.

Enjoy a fun chat and themed activities about a different chapter book each month. Books available at the Youth Desk one month before each session. Registered event.

Blood Drive

Saturday, Sept. 14 • 10 a.m. - 3 p.m. Donate blood today. To make an appointment, visit www.redcrossblood.org or call the American Red Cross at 800.733.2767.

Author Judy Rakowsky

Tuesday, Sept. 17 • 7-8 p.m.

Enjoy author Judy Rakowsky's visit to discuss her new book, Jews in the Garden.

Native North American Art: Before, During & **After Colonization**

Wednesday, Sept. 25 • 2-3 p.m. Join the Cleveland Museum of

Art for this hands-on experience to explore the world of Native American art.

Author Brian VanDeMark

Thursday, Sept. 26 • 7-8 p.m. Enjoy author Brian VanDeMark's visit to discuss his new book, Kent State: An American Tragedy.

Through the Eyes of the Artist: Tamara de Lempicka

Friday, Sept. 27 • 10-11 a.m.

Art historian Felicia Zavarella Stadelman will present on the life and works of Polish painter Tamara de Lempicka.

Registration is required for all events. For a complete listing of programs or to register, visit https://attend.cuyahogalibrary. org/events or call 216.831.6868.



The Gathering Place Held 2024 Annual Meeting, Celebrated Successes, Received Generous Donations

The Gathering Place recently held its annual meeting to a standing-room-only crowd at its Arnold & Sydell Miller Family East Campus location, in Beachwood.

The program celebrated a strong year that included:

- Welcoming nearly 1,600 new TGP participants
- Providing service to nearly 3,600 total individuals
- Offering programs that had nearly 14,000 program interactions

The audience bid farewell to the immediate past chair, Mike Toth, and welcomed new chair, Mike Barnes. A highlight of the evening was the announcement of a \$100,000 gift from Lauren Rich Fine to go toward a mobile wig salon, an initiative championed by

Regina Brett, Danielle Wiggins, and Karen Lipman-Steiger. The goal is to take the services of The Gathering Place, including wigs and cancer resources, directly to those who need them and are unable to get to the Beachwood or Westlake locations.

During the meeting, to the surprise of the audience, attendees Addison and Shirley Fluent unexpectedly pledged \$10K toward The Gathering Place via an emotional and inspiring speech.

The event also featured 2024 organizational initiatives and programming successes that included:

• TGP in CLE: Annually, more than 2,000 people in Cleveland are diagnosed with cancer. That is 9.5% higher than the Ohio

diagnosis rate and 11% higher than the national diagnosis rate. TGP in CLE was developed as a partnership of TGP with more than 80 organizations in the community to increase awareness and access to the organization's services. Since launching, TGP has served more than 2,400 city of Cleveland residents.

- · Revive: This exercise and oncology pilot program was developed with University Hospitals and is recommended by 100% of participants surveyed.
- TGP Kids: In 2023-24, 133 individuals attended TGP Kids programs, including Animal Camp, generously sponsored by Lauren Spilman and Stacie Halpern.

The night capped off with a look ahead at the future by reviewing the needs of those touched by cancer through evidence-based programs, and deepening relationships with donors and partners to ensure the financial stability of TGP for years to come.

The mission of The Gathering Place is to support, educate, and empower individuals and families currently coping with the impact of cancer in their lives through programs and services provided free of charge.

For more information, visit www.touchedbycancer.org.





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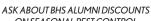
If you or someone you know has a story to share with the community, email us details at beachwoodbuzz@gmail.com.

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